

Career Development Cycle

“Career development is a lifelong process of managing and navigating toward a personal vision of the future. More than just a college major or a job, career development is holistic and lifelong, constantly changing as a person changes and situations change. Career development influences include interests, abilities, values, personality, background, and circumstances.”

[Condition of Career Readiness in the United States](#)

Know Yourself

- Interests
- Strengths
- Values

Explore Options

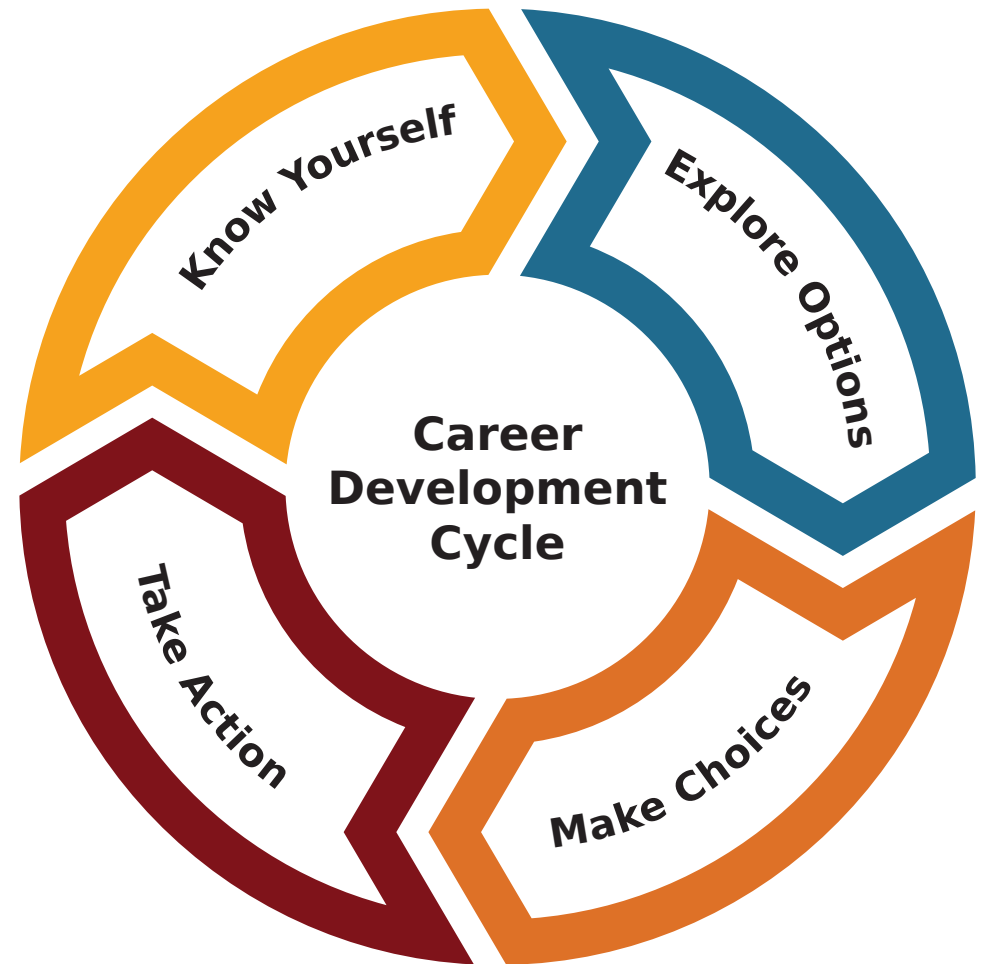
- Career Pathways
- Labor Market Trends
- Postsecondary

Make Choices

- Plan
- Goal Setting
- Decision Making

Take Action

- Increase Knowledge and Skills
- Market Self
- Employment



Adapted from the Kansas Career Development Cycle