

SEXUAL HEALTH CURRICULUM SNAPSHOT

guide



EATON
REGIONAL EDUCATION SERVICE AGENCY

Disclaimer: The inclusion of curricula in this guide is solely for informational purposes and does not constitute an endorsement of any particular curriculum. Conversely, the omission of a curriculum from this guide should not be interpreted as disapproval or non-endorsement of that curriculum.

This guide does not take the place of an in-depth Sex Ed Advisory Board review. It is a tool that should be used as a first step in determining if a curriculum is a good fit.

If you have any questions or require further information regarding this guide, contact Alyson McClintock at amcclintock@eatonresa.org.

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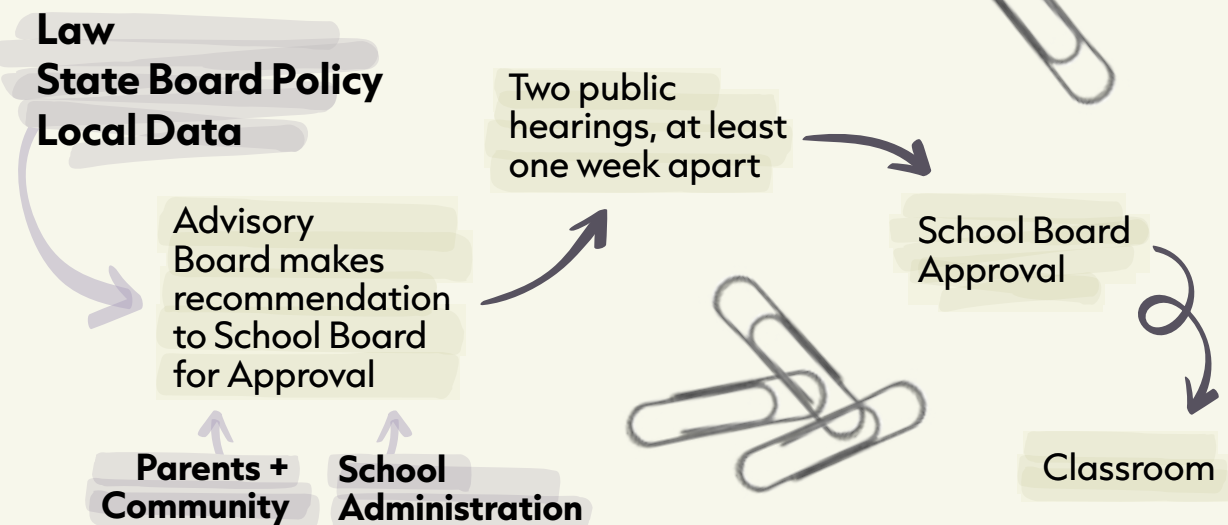
Table of Contents

Why this guide?	4-5
Curriculum by Grade Level	6
Curriculum Snapshots	
Elevatus	7
FLASH:	
Special Education	8
Elementary	9
Middle School	10
High School	11
Get Real	12
HealthSmart	13-14
Making Proud Choices	15
Michigan Model:	
Grade 4 HIV Curriculum	16
Grade 5 HIV Curriculum	17
Middle School	18
High School	19
Positive Prevention PLUS	20
Puberty: The Wonder Years	21
Reducing the Risk	22
Rights, Respect, Responsibility: Michigan	23
Safer Choices: Levels 1 and 2	24
The Basics of Reproductive Health	25
UNHUSHED	26
A-K Correlation Charts	27-84
A-K Supplemental Materials	81-82
A-K Gap Analysis Worksheet	APPENDIX A
Media/Material Review Worksheet	APPENDIX B
Curriculum Review Worksheet	APPENDIX C

Why this guide?

Once districts have established their **Sex Education Advisory Board (SEAB)** membership and by-laws, it may be time to decide on a sexual health education curriculum. Michigan law states that one task of the SEAB is "Reviewing and recommending materials and methods to the local school board."

Sex Education Approval Process



There are many resources that can aid SEABs in selecting curriculum such as the **Health Education Curriculum Analysis tool (HECAT)**, a self-assessment tool that can be used in the health education curriculum selection process.

Reviewing district, state, and national data can also aid SEABs in the curriculum selection process. Data like the **Michigan Profile for Healthy Youth (MiPHY)** or the **Youth Risk Behavior Surveillance Survey (YRBSS)** can assist SEABs in understanding what behaviors may need to be focused on in the curriculum. A parent survey is another valuable piece of data for SEABs. A sample parent survey, updated in 2023 from the MDE sample parent survey in the Exemplary Sexual Health Education (ESHE) Guide, [can be found here](#).

This guide is designed to be another resource to aid SEABs in their decision making by outlining the curriculum content for a variety of sex ed curricula. Curricula are large documents and can be cumbersome to review. This guide contains curriculum snapshots, which give SEABs a quick, easy-to-read overview of some sexual health education curricula. This guide does not include an extensive review



used by numerous Michigan districts, aligned with Michigan law, and/or low cost or no cost. The information on the snapshots is designed to help SEABs consider whether they want to include or eliminate a curriculum in their more comprehensive curriculum review process.

On the snapshots, districts will find basic information such as the intended grade levels, the number and length of the lessons, and the cost of the curriculum. The snapshots offer insights into whether the curriculum encompasses specific subjects, including those mandated by legal requirements such as topics falling under the A-K requirements and the emphasis on abstinence as well as topics that SEABs may be interested in adding as supplemental education. The curriculum snapshots address if the curriculum is abstinence only or not. In Michigan, sexual health education must be abstinence based, emphasizing abstinence. School districts may also teach about risk reduction methods such as condoms. Additionally, sex education, if taught in Michigan, must cover the **A-K Criteria**. Especially for curricula developed outside of Michigan, it may be necessary to make some changes to curricula and to include supplemental lessons or materials to comply with Michigan law. The curriculum snapshots include an A-K correlation from the curriculum publishers, and some include suggestions for supplemental materials that would be beneficial to meet A-K requirements. An **A-K Gap Analysis** worksheet may be helpful to utilize when reviewing curricula that originated outside of Michigan. Districts may also use the **Supplemental A-K Resource Sheet** to look for supplemental materials. **See a summary of Michigan HIV and Sex Education laws here.**

SEABs may want to consider utilizing a process or document for members to record feedback during the review process.

Some examples of Curriculum review templates can be found here:

- ▶ **Sample Curriculum Review Document #1**
- ▶ **Sample Curriculum Review Document #2**
- ▶ **Sample Curriculum Review Document #3**
- ▶ **Sample Curriculum Review Document #4**

of all sexual health curricula. The curricula that were chosen for this guide were: Michigan developed,

Snapshot Checklists Include:

- ▶ *Abstinence Only*
- ▶ *Michigan A-K Requirements*
- ▶ *Healthy Relationships/Consent*
- ▶ *Gender Diversity*
- ▶ *Sexual Orientation*
- ▶ *Condom Use*
- ▶ *Contraception Use*
- ▶ *HIV*



Curriculum by Grade Level

CURRICULUM	pgs.	K-3	4	5	6	Middle School	High School	Special Education
Elevatus	7						●	●
FLASH: Special Education	8				●	●	●	●
FLASH: Elementary *	9		●	●	●			
FLASH: Middle School	10				●	●		
FLASH: High School	11						●	
Get Real	12				●	●	●	
HealthSmart *	13-14		●	●	●	●	●	
Making Proud Choices	15					●	●	
MMH Grade 4 HIV Curriculum	16		●					
MMH Grade 5 HIV Curriculum	17			●				
Middle School MMH	18					●		
High School MMH	19						●	
Positive Prevention PLUS *	20		●	●	●	●	●	●
Puberty: The Wonder Years *	21		●	●	●			
Reducing The Risk	22						●	
Rights, Respect, Responsibility: Michigan *	23		●	●	●	●	●	
Safer Choices: Levels 1 and 2	24						●	
The Basics of Reproductive Health	25				●	●	●	
UN HUSHED *	26	●	●	●	●	●	●	

* Includes Puberty Education

ELEVATUS

22 Lessons • 90 minutes each

Intended Audience

High school students and adults with developmental disabilities

Copyright Date

2018

Last Update

2018

Cost

\$175 - \$299

Digital Option

No

ELEVATUS TRAINING
LEARNING TO TEACH SEXUALITY AND DEVELOPMENTAL DISABILITIES



The ***Sexuality Education for People with Developmental Disabilities*** training, also known as *Elevatus*, has two parts: an instructor manual and 22 scripted lessons. The manual is designed to give educators confidence in teaching sexuality education in the classroom or in a community setting. The manual provides support on setting up a class, how to lead a successful sexuality and relationship classes and more important tips. The curriculum was designed to be co-facilitated by people with developmental disabilities and professionals. This design allows people with developmental disabilities to be sexual educators and sexual health self-advocates for themselves. The lessons are 1.5 hours long, include ice breakers, activities, a break, and a wrap up activity. The script for the lessons are in blue and intended to be used as a guide. Handouts and teacher tools are available at the end of lessons. Digital handouts are available by request. The lessons are also available in Spanish.

Lessons Cover or Include...

	YES	NO
Abstinence Only	☐	☒
<u>Michigan A-K Correlation</u>	☒	☐
Healthy Relationships/Consent	☒	☐
Gender Diversity	☒	☐
Sexual Orientation	☒	☐
Condom Use	☒	☐
Contraception Use	☒	☐
HIV	☒	☐

Order Elevatus

Order the curriculum, slide decks, and communication support online [here](#).

The Michigan Developmental Disabilities Council has a robust initiative that provides the Elevatus Training curriculum to people in Michigan along with a 3-Day training on how to utilize this material.

Check out the [new communication board and cards](#) and [New High Support Learning Needs Curriculum](#).

FLASH

Special Education

28 Lessons • Flexible Length

**Intended Audience**

Grades 6-12, Special Education

Copyright Date

1991

Last Update

2011

Cost

Free (digital); \$75 per print binder

Digital Option

Free access, downloadable and printable

Special Education FLASH offers a broad range of activities and suggested modifications to fit different learning styles and cognitive abilities. Within the lessons, the left-hand column has activity variations, and there is a section on how to incorporate FLASH into an IEP. The goal of Special Ed FLASH is to assist in the development of persons who are knowledgeable about human development and reproduction, and who respect and appreciate themselves, their families and others. Topics of discussion include relationships, communication skills, exploitation, understanding the body, reproduction, and HIV/AIDS and other STDs.

Lessons Cover or Include...

	YES	NO	
Abstinence Only	☐	☒	
<u>Michigan A-K Correlation</u>	☒	☐	*Local adaptations would be necessary
Healthy Relationships/Consent	☒	☐	
Gender Diversity	☐	☒	*Covered in HS, MS, and Elem. FLASH
Sexual Orientation	☐	☒	*Covered in HS, MS, and Elem. FLASH
Condom Use	☒	☐	
Contraception Use	☒	☐	
HIV	☒	☐	

Order Special Education FLASH

Purchase Special Education FLASH [here](#) for:

- ▶ Printed binders for Special Education FLASH
- ▶ Self-paced FLASH teacher training
- ▶ Live, remote FLASH teacher training

FLASH

Elementary

15 Lessons • Flexible Length

Intended Audience

Grades 4-6

Copyright Date

1985

Last Update

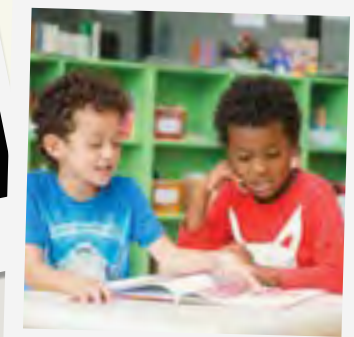
2022

Cost

Free (digital); \$75 per print binder

Digital Option

Free access, printable



Elementary *FLASH* comes with an implementation toolkit followed by 15 lessons that could be taught in 4th, 5th, or 6th grade. All the lessons are written to be taught in an inclusive, trauma-informed manner. The lessons are teacher friendly and adaptable to your classroom needs. The lessons do not need to be taught in order. Each lesson includes an agenda and a script to help support teachers. Each lesson has a family homework question to encourage parent or guardian communication with the child. The family homework is optional and an individual homework option is available in replacement of the family homework for the same credit.

Lessons Cover or Include...

	YES	NO	
Abstinence Only	☐	☒	
<u>Michigan A-K Correlation</u>	☒	☐	*Local adaptations would be necessary
Healthy Relationships/Consent	☒	☐	
Gender Diversity	☒	☐	
Sexual Orientation	☒	☐	
Condom Use	☐	☒	*Covered in HS and MS <i>FLASH</i>
Contraception Use	☐	☒	*Covered in HS and MS <i>FLASH</i>
HIV	☒	☐	

Order Elementary School FLASH

Purchase Elementary *FLASH* [here](#) for:

- ▶ Printed binders for Elementary *FLASH*
- ▶ Self-paced *FLASH* teacher training
- ▶ Live, remote *FLASH* teacher training

FLASH

Middle School

7 Lessons • 50 minutes each

Intended Audience**Copyright Date****Last Update****Cost****Digital Option**

Grades 6-8

2016; 1986

2017

\$50 per instructor per year (digital); \$100 per print binder

*Please note: Implementation Toolkit, student materials, and parent/guardian materials can be printed, the lesson plan cannot. No portion can be downloaded. It is intended to be a primarily paperless option.



Middle School *FLASH* is an evidence-informed comprehensive sex education curriculum. *FLASH* employs a public health approach with the goals of reducing the rates of unintended pregnancy, STIs, and sexual violence. It was piloted extensively with classroom teachers in its 2016 update. Each lesson has an optional family homework exercise to encourage parent or guardian communication with the teen. The curriculum offers optional scripting for teachers who are new to the content. The middle school lessons cover the reproductive system and pregnancy, sexual orientation and gender identity, healthy relationships, refusal skills, STIs prevention, birth control and condoms.

Lessons Cover or Include...

	YES	NO	
Abstinence Only	☐	☒	
<u>Michigan A-K Correlation</u>	☒	☐	*Local adaptations would be necessary
Healthy Relationships/Consent	☒	☐	
Gender Diversity	☒	☐	
Sexual Orientation	☒	☐	
Condom Use	☒	☐	
Contraception Use	☒	☐	
HIV	☒	☐	

Order Middle School FLASH

Purchase Middle School *FLASH* [here](#) for:

- ▶ Digital licenses for Middle School *FLASH*
- ▶ Printed binders for Middle School *FLASH*
- ▶ Self-paced *FLASH* teacher training
- ▶ Live, remote *FLASH* teacher training

FLASH

High School

15 Lessons • 50 minutes each

Intended Audience

Copyright Date

Last Update

Cost

Digital Option

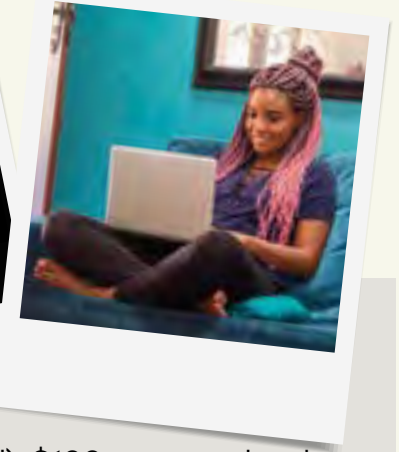
Grades 9-12

1986, 2016

2025

\$50 per instructor per year (digital); \$100 per print binder

*Please note: Implementation Toolkit, student materials, and parent/guardian materials can be printed, the lesson plan cannot. No portion can be downloaded. It is intended to be a primarily paperless option.



High School *FLASH* is an evidence-based comprehensive sex education curriculum. It was rigorously evaluated by an independent research team with funding from the U.S. Department of Health and Human Services.

FLASH employs a public health approach with the goals of reducing the rates of unintended pregnancy, STIs, and the perpetration of sexual violence. Each lesson has an optional family homework exercise to encourage parent or guardian communication with the teen. The curriculum offers optional scripting for teachers who are new to the content. Lesson content covers climate-setting, reproductive system and pregnancy, sexual orientation and gender identity, gender stereotypes, healthy relationships, coercion and consent, online safety, abstinence, birth control methods, condoms, preventing and testing for STIs, communication and decision making, and advocating for healthy choices.

Lessons Cover or Include...

	YES	NO
Abstinence Only	☐	☒
Michigan A-K Correlation	☒	☐
Healthy Relationships/Consent	☒	☐
Gender Diversity	☒	☐
Sexual Orientation	☒	☐
Condom Use	☒	☐
Contraception Use	☒	☐
HIV	☒	☐

*Local adaptations would be necessary

All student facing materials are provided in English and Spanish.

Order High School FLASH

Purchase High School *FLASH* [here](#) for:

- ▶ Digital licenses for High School *FLASH*
- ▶ Printed binders for High School *FLASH*
- ▶ Self-paced *FLASH* teacher training
- ▶ Live, remote *FLASH* teacher training



GET REAL

Grades 6-8: **9 Lessons • 45 - 55 minutes each**
 Grades 9 or 10: **11 Lessons • 45 - 55 minutes each**



Intended Audience	Grades 6-8, Grade 9 or 10
Copyright Date	2022
Last Update	2019
Cost	Middle School: \$700 (print); \$540 - \$1,600 (digital) High School: \$350 (print); \$435 - \$650 (digital)
Digital Option	Yes, with a 1-3 year subscription

Get Real is an evidence-based middle school curriculum developed by Planned Parenthood League of Massachusetts and published by ETR that meets the National Sexuality Education Standards. There are 27 sequential lessons in middle school and 11 lessons for high school. The high school Get Real curriculum can be taught as a stand-alone curriculum but is intended to be utilized as a follow-up to the Get Real middle school curriculum. Both levels of Get Real are suitable for all teens regardless of their sexual experience or sexual orientation, and are LGBTQ+ inclusive and trauma informed. [Lessons and Objective Overview](#).

Lessons Cover or Include...

	YES	NO
Abstinence Only	☐	☒
<u>Michigan A-K Correlation</u>	☒	☐
Healthy Relationships/Consent	☒	☐
Gender Diversity	☒	☐
Sexual Orientation	☒	☐
Condom Use	☒	☐
Contraception Use	☒	☐
HIV	☒	☐

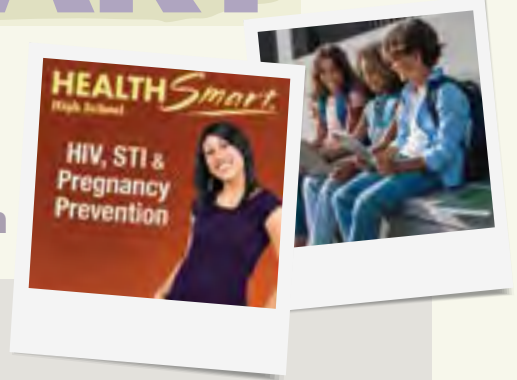
*Local adaptations would be necessary

Order Get Real

Purchase the *Get Real* curriculum [here](#).

HEALTHSMART

Grade 4: **4 Lessons • 40 - 50 minutes each**
 Grade 5: **9 Lessons • 40 - 50 minutes each**
 Grades 6-8: **25 Lessons • 45 - 60 minutes each**
 Grades 9-12: **25 Lessons • 60 - 90 minutes each**



Intended Audience	Grades 4-12
Copyright Date	2022
Last Update	2021
Cost	Grades 4-5: \$149.99 per grade Middle + High School: \$189.99 per subject unit, or a complete set for \$999.99
Digital Option	Yes; inquire about cost here .

HealthSmart is a comprehensive K–12 health education program that is flexible and adaptable based on the needs of your classroom. Schools can teach the comprehensive program or select only the grades and/or subject they need. A comprehensive sexual health unit is available for middle and high school with 25 lessons each that align with Centers for Disease Control and Prevention Health Education Curriculum Analysis Tool and meet National Sexuality Education Standards. The ultimate goal of the *HealthSmart* program is to promote the healthy growth and development of youth and give them the knowledge and skills to make healthy choices and establish life-long healthy behaviors.

K-5:

- ▶ [Program Overview](#)

Middle School:

- ▶ [Program Overview](#)
- ▶ Comprehensive Sexual Health Lesson Plan
- ▶ SMARTool Alignment for Middle School Abstinence, Personal + Sexual Health Unit
- ▶ Characteristics Tool Alignment for Middle School HIV, STD + Pregnancy Prevention Unit

High School:

- ▶ [Program Overview](#)
- ▶ Comprehensive Sexual Health Lesson Plan
- ▶ SMARTool Alignment for High School Abstinence, Personal + Sexual Health Unit
- ▶ Characteristics Tool Alignment for High School HIV, STD + Pregnancy Prevention Unit

Upper Elementary Lessons Cover or Include...

	YES	NO	
Abstinence Only	☒	☐	
<u>Michigan A-K Correlation</u>	☒	☐	
Healthy Relationships/Consent	☐	☒	
Gender Diversity	☐	☒	
Sexual Orientation	☐	☒	
Condom Use	☐	☒	
Contraception Use	☐	☒	
HIV	☒	☐	*Supplemental lesson for 5th grade

Middle and High School Lessons Cover or Include...

	YES	NO	
Abstinence Only	☐	☒	*Has an abstinence only option
<u>Michigan A-K Correlation</u>	☒	☐	
Healthy Relationships/Consent	☒	☐	
Gender Diversity	☒	☐	
Sexual Orientation	☒	☐	
Condom Use	☒	☐	
Contraception Use	☒	☐	
HIV	☒	☐	

Order HealthSmart

Visit the [HealthSmart store](#) or [use the HealthSmart order inquiry form](#) to purchase.



MAKING PROUD CHOICES!

8 Lessons • 60 minutes each

Intended Audience

Copyright Date

Last Update

Cost

Digital Option

"Teens" in Middle and High School

2016

2021

\$999 (print); **\$599 - \$1,199** (digital)

Yes, with a 1-3 year subscription



Making Proud Choices! An Evidence-Based, Safer-Sex Approach to Teen Pregnancy and HIV/STI Prevention, 5th edition, is an 8-module curriculum that focuses on providing adolescents with knowledge and skills to reduce the risk of sexually transmitted infections (STIs), HIV and pregnancy by abstaining from sex or using condoms if they choose to have sex. The curriculum format includes scripted lessons, interactive activities, videos, and role-play scenarios.

Lessons Cover or Include...

	YES	NO	
Abstinence Only	☐	☒	
<u>Michigan A-K Correlation</u>	☒	☐	*Local adaptations would be necessary
Healthy Relationships/Consent	☒	☐	
Gender Diversity	☒	☐	
Sexual Orientation	☒	☐	
Condom Use	☒	☐	
Contraception Use	☒	☐	
HIV	☒	☐	

Order Making Proud Choices!

Purchase *Making Proud Choices!* [here](#).

These **Adaptation Guidelines** can help you adapt MPC to either 60 or 40 minute modules!



HIV CURRICULUM: GRADE 4

Michigan Model for Health

1 Lesson • 40 minutes

Intended Audience	Grade 4
Copyright Date	2020
Last Update	2020
Cost	\$169 (digital)
Digital Option	Yes

Includes purchase of the comprehensive health curriculum



The HIV education lesson provides information on how HIV is and is not transmitted, how to protect oneself from infection, and how to be a friend to someone living with HIV. The HIV curriculum offers guidelines for answering student questions, a video clip for students, a glossary of terms, a reference sheet on HIV and staying safe, and a family resource sheet. A pre/post HIV unit test is available for supplemental use.

This lesson can be used to meet the legal requirement in Michigan to teach HIV Prevention Education at least once per year per building level (elementary, middle, high).

Lesson Covers or Includes...

	YES	NO	
Abstinence Only	☒	☐	
Michigan A-K Correlation	☐	☐	
Healthy Relationships/Consent	☐	☒	*Only meets Michigan requirements for HIV education
Gender Diversity	☐	☒	
Sexual Orientation	☐	☒	
Condom Use	☐	☒	
Contraception Use	☐	☒	
HIV	☒	☐	

Order Grade 4 HIV Curriculum

Available to order online through [Michigan Model for Health](#).

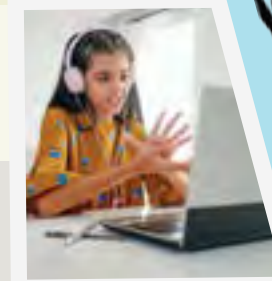
Many states have legal requirements and obligations for teaching the content in this unit. Check with your [Regional Health Coordinator](#) or HIV and health consultant at your Department of Education to be sure you understand your state's requirements. Talk with your school administrator regarding any local district requirements.

HIV CURRICULUM: GRADE 5

Michigan Model for Health

1 Lesson • 45 minutes

Intended Audience	Grade 5
Copyright Date	2020
Last Update	2020
Cost	\$169 (digital)
Digital Option	Yes



The HIV education lesson provides information on how HIV is and is not transmitted, how to protect oneself from infection, and how to be a friend to someone living with HIV.

The HIV curriculum offers a video clip for students to view, a student worksheet and key, teacher guidelines for answering student questions, a glossary of terms, a reference sheet on HIV and staying safe, and a family resource sheet. A pre/post HIV unit test is available for supplemental use.

Lesson Covers or Includes...

	YES	NO	
Abstinence Only	☒	☐	
Michigan A-K Correlation	☐	☐	
Healthy Relationships/Consent	☐	☒	*Only meets Michigan requirements for HIV education
Gender Diversity	☐	☒	
Sexual Orientation	☐	☒	
Condom Use	☐	☒	
Contraception Use	☐	☒	
HIV	☒	☐	

Order Grade 5 HIV Curriculum

Available to order online through [Michigan Model for Health](#).

Many states have legal requirements and obligations for teaching the content in this unit. Check with your [Regional Health Coordinator](#) or HIV and health consultant at your Department of Education to be sure you understand your state's requirements. Talk with your school administrator regarding any local district requirements.

MIDDLE SCHOOL LESSONS

Michigan Model for Health

3 Lessons • 45 minutes each

Intended Audience	Grades 7-8
Copyright Date	2016
Last Update	2025
Cost	\$169 (digital)
Digital Option	Yes



The *MMH Middle School Lessons* is a skills-based HIV Prevention module of the Michigan Model for Health comprehensive health education curriculum. In 2025, the curriculum was streamlined and condensed to address only HIV and other STI prevention. The curriculum can be taught as Abstinence Only or as Abstinence Based. The curriculum was developed and written in Michigan; thus, it adheres to Michigan laws and addresses the HIV Prevention strand of the Michigan Health Education Standards. A pre and post test is available for use with the curriculum.

The digital curriculum platform provides instructors easier access to the lessons and materials such as videos which are embedded directly into the lesson for easy access to video streaming. Access to Google Drive resources such as student worksheets developed in Google Forms for use with students is available.

► Michigan Model for Health 7-8 Scope and Sequence



Lesson Covers or Includes...

	YES	NO	
Abstinence Only	☒	☐	* Available to teach as abstinence only or abstinence based
<u>Michigan A-K Correlation</u>	☐	☒	
Healthy Relationships/Consent	☒	☐	
Gender Diversity	☐	☒	
Sexual Orientation	☐	☒	
Condom Use	☐	☒	
Contraception Use	☐	☒	
HIV	☒	☐	

Order Michigan Model for Health

Michigan-based educators can contact their **Regional School Health Coordinator** for ordering and training support as well as technical assistance.

Educators outside of Michigan can view the curriculum and materials ordering information for *Middle School MMH* [here](#).

HIGH SCHOOL LESSONS

Michigan Model for Health

6 Lessons • 45 minutes each

Intended Audience	Grades 9-12
Copyright Date	2016
Last Update	2025
Cost	\$169 (digital)
Digital Option	Yes



The *MMH High School Lessons* is a skills-based HIV and other STI Prevention module of the Michigan Model for Health comprehensive health education curriculum. In 2025, the curriculum was streamlined and condensed to address only HIV and other STI prevention. The curriculum can be taught as Abstinence Only or as Abstinence Based. The curriculum was developed and written in Michigan; thus, it adheres to Michigan laws and addresses the HIV Prevention strand of the Michigan Health Education Standards. A pre and post test is available for use with the curriculum.

The digital curriculum platform provides instructors easier access to the lessons and materials such as videos which are embedded directly into the lesson for easy access to video streaming. Access to Google Drive resources such as student worksheets developed in Google Forms for use with students is available.

► Michigan Model for Health 9-12 Scope and Sequence

Lesson Covers or Includes...

	YES	NO	
Abstinence Only	☒	☐	* Available to teach as abstinence only or abstinence based
<u>Michigan A-K Correlation</u>	☐	☒	
Healthy Relationships/Consent	☒	☐	
Gender Diversity	☐	☒	
Sexual Orientation	☐	☒	
Condom Use	☐	☒	
Contraception Use	☐	☒	
HIV	☒	☐	

Order Michigan Model for Health

Michigan-based educators can contact their **Regional School Health Coordinator** for ordering and training support as well as technical assistance.

Educators outside of Michigan can view the curriculum and materials ordering information for *High School MMH* [here](#).



POSITIVE PREVENTION PLUS

Middle + High School: **14 Lessons • 30-45 minutes each**

Upper Elementary: **7 Lessons • 30-45 minutes each**

Special Populations: **14 Lessons • 30-45 minutes each**

Intended Audience

Grades 4-12, Special Education 7-12 or developmentally delayed adults

Copyright Date

2022

Last Update

2021

Cost

\$359

Digital Option

Lesson slides and teacher support materials are available to download online with purchase of a teacher binder



Positive Prevention PLUS curriculum include evidence-based instruction in Comprehensive Sexual Health Education and Teen Pregnancy Prevention, aligned with National Health Education Standards. Curricula are available for upper elementary, middle and high school, special education, and independent study. Lessons are semi-scripted and include support materials. A sample student workbook is included in the teacher curriculum binder. The curriculum includes pre-post tests, family home assignments, parent materials, downloadable support materials with teacher's lesson slides, and parent materials.

► Full Curriculum Overview

Lesson Covers or Includes...

	YES	NO
Abstinence Only	☐	☒
<u>Michigan A-K Correlation</u>	☒	☐
Healthy Relationships/Consent	☒	☐
Gender Diversity	☒	☐
Sexual Orientation	☒	☐
Condom Use	☒	☐
Contraception Use	☒	☐
HIV	☒	☐

*For middle, high, and special populations

*For middle, high, and special populations

Order Positive Prevention PLUS Curriculum

All curriculum materials must be purchased through the [website](#).



PUBERTY: THE WONDER YEARS

4th Grade: **6 Lessons • 40-50 minutes each**
 5th Grade: **7 Lessons • 40-50 minutes each**
 6th Grade: **10 Lessons • 40-50 minutes each**

Intended Audience	Grades 4-6
Copyright Date	2022
Last Update	2023
Cost	\$219-657 for 1-5 year subscriptions
Digital Option	Yes



Puberty: The Wonder Years has been updated to a digital curriculum for grades 4th, 5th, and 6th. Topics include anatomy and physiology, puberty and adolescent sexual development, consent and healthy relationships, gender identity and expression, sexual orientation and identity, sexual health, and interpersonal violence. The lessons include teacher-friendly lesson plans, scripts, training, and resources. All accompanying materials included in your purchase.

- **Scope and Sequence**
- **Synopsis, Learning Goals, and Student Learning Objectives**

Lesson Covers or Includes...

	YES	NO
Abstinence Only	☐	☒
<u>Michigan A-K Correlation</u>	☒	☐
Healthy Relationships/Consent	☒	☐
Gender Diversity	☒	☐
Sexual Orientation	☒	☐
Condom Use	☒	☐
Contraception Use	☒	☐
HIV	☒	☐

Order Puberty: The Wonder Years

Puberty: The Wonder Years is a digital subscription. Find details on how to order [here](#). The digital curriculum and Online Teacher Resources are accessed online using login credentials. Online training options are also available to purchase.



REDUCING THE RISK

16 Lessons • 45 minutes each

Intended Audience

"Teens" in High School

Copyright Date

2011

Last Update

2020

Cost

\$999 (print); **\$599 - \$1,199** (digital); **\$20** (supplemental book)

Digital Option

Yes, with a 1-3 year subscription



Reducing the Risk is designed to help high school students delay the initiation of sex or increase the use of protection against pregnancy and STIs/HIV. Skills highlighted in this curriculum include risk assessment, communication, decision making, planning, refusal strategies, and delay tactics. The curriculum contains teacher background information, detailed steps for leading the activities, copies of student worksheets and handouts, and role-play scripts. Print bundles include access PowerPoint, 30 student workbooks, an activity kit which includes posters, activity cards, and pamphlets. The digital bundles include all of the material as print or download fillable PDF files.

Preview a sample lesson [here](#).

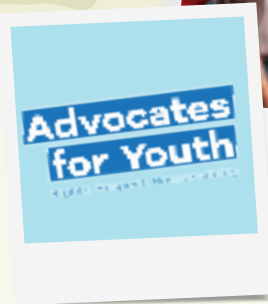
Lessons Cover or Include...

	YES	NO	
Abstinence Only	☐	☒	
<u>Michigan A-K Correlation</u>	☒	☐	*Local adaptations would be necessary
Healthy Relationships/Consent	☒	☐	
Gender Diversity	☒	☐	
Sexual Orientation	☒	☐	
Condom Use	☒	☐	
Contraception Use	☒	☐	
HIV	☒	☐	

Order Reducing The Risk

Purchase *Reducing the Risk* [here](#).

RIGHTS, RESPECT, RESPONSIBILITY



Michigan

Grade 4: **2* Lessons • 40 minutes each**

Grade 5-6: **5* Lessons • 40 minutes each**

Grades 7-8: **7* Lessons • 50 minutes each**

Grades 9-12: **13* Lessons • 50 minutes each**

**supplemental lessons available*

Intended Audience	Grades 4-12
Copyright Date	2022
Last Update	2022
Cost	Free
Digital Option	Yes

Rights, Respect, Responsibility has a Michigan adapted scope and sequence to meet the requirements of Michigan standards. The Michigan lessons start at grade 4 and go through grade 12. Michigan 3 Rs can be adapted to meet the needs of your district with three different Scope and Sequences available: **HIV Only, Sex Ed, and HIV, Sex Ed,**

HIV, and Supplemental. The lessons include topics on self-understanding, family, growth and development, friendship, sexuality, life skills, and health promotion. There are optional family homework activities. The curriculum includes extensive information on creating a safe and respectful environment with classroom management tools including setting ground rules, answering students' questions, special issues related to self-disclosure, and a note on gender, gender identity, and sexual orientation. Inclusive language is used throughout the curriculum including phrasing on trusted adults and gender identity. The lessons are available for free download and include step-by-step semi-scripted procedures for the lessons, notes to the teacher, recommended assessment, and homework.

Lesson Covers or Includes...

	YES	NO
Abstinence Only	☐	☒
<u>Michigan A-K Correlation</u>	☒	☐
Healthy Relationships/Consent	☒	☐
Gender Diversity	☒	☐
Sexual Orientation	☒	☐
Condom Use	☒	☐
Contraception Use	☒	☐
HIV	☒	☐

Order Rights, Respect, Responsibility

View the Michigan adapted materials [here](#).



SAFER CHOICES

Level 1: **11 Lessons • 45 minutes each**
 Level 2: **10 Lessons • 45 minutes each**

Intended Audience	Grades 9-12
Copyright Date	2015
Last Update	2015
Cost	\$350
Digital Option	No



Safer Choices has two levels of lessons designed to be taught over two years in high school using interactive teaching methods such as pre and post tests, role-plays, games, small-group activities, and guided discussions. The curriculum consists of STD, HIV, and teen pregnancy prevention. The goal of *Safer Choices* is to reduce the number of high school students engaging in unprotected sexual intercourse by delaying sex in high school or using protective measures such as condoms if students are sexually active. Behavioral change is encouraged with skills to develop self-efficacy, refusal and negotiation skills, functional knowledge, social and media influences, peer norms, and parent/child communication. Students should have a basic understanding of reproductive anatomy and physiology before completing *Safer Choices*. The lessons are designed to be sequential and are 45-minutes long but can be adapted as needed. Student workbooks are required for implementation of the lessons. The curriculum utilizes 5 to 8 elected students from each class to serve as peer leaders.

Lessons Cover or Include...

	YES	NO
Abstinence Only	☐	☒
<u>Michigan A-K Correlation</u>	☒	☐ *Local adaptations would be necessary
Healthy Relationships/Consent	☐	☒
Gender Diversity	☐	☒
Sexual Orientation	☐	☒
Condom Use	☒	☐
Contraception Use	☒	☐
HIV	☒	☐

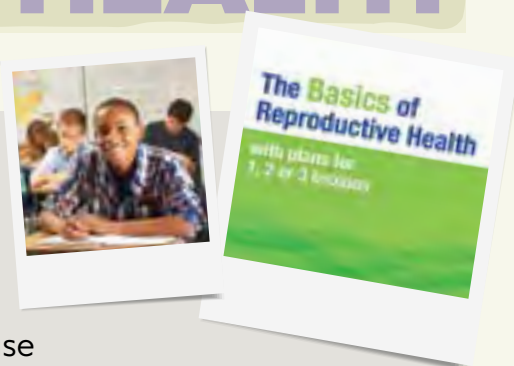
Order Safer Choices

Buy online through the [ETR website](#).

THE BASICS OF REPRODUCTIVE HEALTH

1-3 Lessons • 45-75 minutes each

Intended Audience	Middle and High School
Copyright Date	2014
Last Update	2014
Cost	\$24.99 (print)
Digital Option	CD included with print purchase



Adapted from *HealthSmart*, this supplement material was designed to give young people the basic understanding of reproductive anatomy and physiology prior to entering into sexual health and HIV/STI units. This supplement includes lessons on female and male reproductive systems, changes of puberty, reproductive anatomy and physiology, and how pregnancy occurs. The instruction options include comprehensive overview for students that have had no previous instruction in reproductive health, and shorter lessons intended to be a refresher for students with some prior knowledge. An additional lesson on birth control methods includes one lesson for middle school students and one intended for high school students.

This material does not include comprehensive sexual health education and does not cover human sexuality, romantic relationships, sexual attraction, sexual orientation, hygiene or health care, and does not provide specific instruction about HIV/STIs.

Lessons Cover or Include...

	YES	NO
Abstinence Only	☐	☒
<u>Michigan A-K Correlation</u>	☒	☐
Healthy Relationships/Consent	☐	☒
Gender Diversity	☐	☒
Sexual Orientation	☐	☒
Condom Use	☒	☐
Contraception Use	☒	☐
HIV	☐	☒

*Local adaptations would be necessary

Order The Basics of Reproductive Health

Buy online through the [ETR website](#).



UN|HUSHED

Elementary: **22 Lessons • 30-60 minutes each**

Middle: **19 Lessons • 80-120 minutes each**

High: **17 Lessons • 45-120 minutes each**



Intended Audience

Grades K-12

Copyright Date

2021

Last Update

2021

Cost

\$495 per building

Digital Option

Yes, one year digital license per teacher

UN|HUSHED is an inclusive, evidence informed K-12 sexual health education curriculum aligned to the National Sex Education Standards. The digital curriculum can be downloaded for portability and is updated and reviewed annually. Unhushed is a modular curriculum, which means schools can choose the modules that fit their needs and the instructional time available. The curriculum has a Parent Orientation session at the beginning of each unit and includes sample parent notification materials. The High School curriculum is designed around a social justice lens. Students return back to the social justice compass throughout the unit. At the time of this review, the elementary curriculum was being completed.

Lessons Cover or Include...

	YES	NO	
Abstinence Only	☐	☒	
<u>Michigan A-K Correlation</u>	☒	☐	*Local adaptations would be necessary
Healthy Relationships/Consent	☒	☐	
Gender Diversity	☒	☐	
Sexual Orientation	☒	☐	
Condom Use	☒	☐	*Middle and high school
Contraception Use	☒	☐	*Middle and high school
HIV	☒	☐	

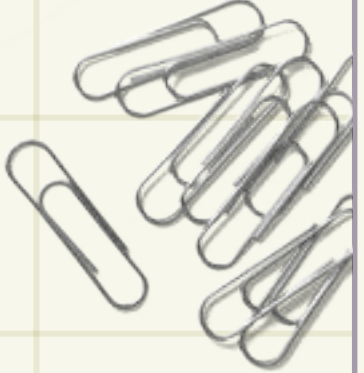
Order UN|HUSHED

Buy online through the [UN|HUSHED website](#).

Use the [Contact Us](#) form on UN| HUSHED's website to request more information.

Due to requirements in Michigan law related to sex education in public schools, districts must examine their sex education programs to make sure they are in compliance. This document is designed to assist schools using *Elevatus* (grades 9-12, and adults with developmental disabilities) to meet the legal requirements for sex education curriculum as stated in section 380.1507b of Michigan Compiled Laws. The following chart outlines the curriculum requirements, topics addressed and not addressed in this curriculum, including the lessons addressing each law.

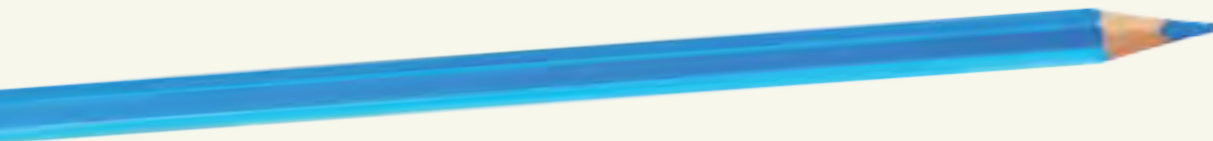
Material and instruction in the sex education curriculum under section 1507 that discusses sex **shall be age-appropriate, shall not be medically inaccurate, and shall do at least all of the following:**

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
(A) Discuss the benefits of abstaining from sex until marriage and the benefits of ceasing sex if a pupil is sexually active.	Lesson 17: Making Decisions about Sex Lesson 19: Do you want a Child? Lesson 20: Avoiding Pregnancy Lesson 21: Sexually Transmitted Infections		✓	
(B) Include a discussion of the possible emotional, economic, and legal consequences of sex.	Lesson 17: Making Decisions about Sex Lesson 18: Challenges or Things that Can Go Wrong Lesson 19: Do You Want a Child? Lesson 20: Avoiding Pregnancy Lesson 21: Sexually Transmitted Infections		✓	
(C) Stress that unplanned pregnancy and sexually transmitted diseases are serious possibilities of sex that are not fully preventable except by abstinence.	Lesson 20: Avoiding Pregnancy Lesson 21: Sexually Transmitted Infections		✓	
(D) Advise pupils of the laws pertaining to their responsibility as parents to children born in and out of wedlock.	Lesson 7: Decision Making Lesson 17: Making Decisions about Sex Lesson 19: Do You Want a Child?		✓	
(E) Ensure that pupils are not taught in a way that condones the violation of laws in this state pertaining	Lesson 3: Types of Relationships Lesson 4: Public and Private Lesson 8: Moving from Friend to Sweetheart		✓	

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
to sexual activity, including but not limited to sections 158, 335a, 338, 338a, 338b, and 520b to 520e of the Michigan penal code, 1931 PA 328, MCL 750.158, 750.335a, 750.338, 750.338a, 750.338b, and 750.520b to 750.520e.	Lesson 12: Has Your Relationship Gone Bad Lesson 18: Challenges or Things That Can Go Wrong		✓	
(F) Teach pupils how to say "no" to sexual advances and that it is wrong to take advantage of, harass, or exploit another person sexually.	Lesson 10: Many Roads to a Relationship Lesson 12: Has Your Relationship Gone Bad Lesson 18: Challenges or Things That Can Go Wrong		✓	
(G) Teach refusal skills and encourage pupils to resist pressure to engage in risky behavior.	All lessons using name tag game activity Lesson 16: Communicating About Sex Lesson 18: Challenges or Things That Can Go Wrong Lesson 20: Avoiding Pregnancy Lesson 21: Sexually Transmitted Infections		✓	
(H) Teach that the pupil has the power to control personal behavior. Pupils shall be taught to base their actions on reasoning, self-discipline, a sense of responsibility, self-control, and ethical considerations such as respect for self and others.	All lessons using name tag game activity Lesson 10: Many Roads to a Relationship Lesson 17: Making Decisions About Sex Lesson 20: Avoiding Pregnancy Lesson 21: Sexually Transmitted Infections		✓	
(I) Provide instruction on healthy dating relationships and on how to set limits and recognize a dangerous environment.	Lesson 10: Many Roads to a Relationship Lesson 12: Has Your Relationship Gone Bad Lesson 16: Communicating About Sex Lesson 17: Making Decisions About Sex Lesson 18: Challenges or Things That Can Go Wrong		✓	

ELEVATUS A-K CORRELATION

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
(J) Provide information for pupils about how young parents can learn more about adoption services and about the provision of the safe delivery of newborns law, chapter XII of the probate code of 1939 PA 288, MCL 712.1 to 712.20.	<i>The national curriculum does not cover these specific individual state laws. However, educators/trainers are encouraged to find out any state laws to provide to students.</i> Lesson 8: Moving from Friend to Sweetheart	✓		
(K) Include information clearly informing pupils that having sex or sexual contact with an individual under the age of 16 is a crime punishable by imprisonment and that one of the other results of being convicted of this crime may be to be listed on the sex offender registry for 15 years, 25 years, or life.	Lesson 8: Moving from Friend to Sweetheart Lesson 18: Challenges or Things That Can Go Wrong		✓	



FLASH Special Education

A-K CORRELATION

Due to requirements in Michigan law related to sex education in public schools, districts must examine their sex education programs to make sure they are in compliance. This document is designed to assist schools using *FLASH: Special Education* (grades 6-12, and adults with developmental disabilities) to meet the legal requirements for sex education curriculum as stated in section 380.1507b of Michigan Compiled Laws. The following chart outlines the curriculum requirements, topics addressed and not addressed in this curriculum, including the lessons addressing each law.

Material and instruction in the sex education curriculum under section 1507 that discusses sex **shall be age-appropriate, shall not be medically inaccurate, and shall do at least all of the following:**

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
(A) Discuss the benefits of abstaining from sex until marriage and the benefits of ceasing sex if a pupil is sexually active.	Lessons 23, 25, 26		Emphasized in lessons on reproduction, STDs, and HIV	Does not address "until marriage"
(B) Include a discussion of the possible emotional, economic, and legal consequences of sex.	Lessons 21, 22	Brainstorm discussion in sexual decision-making lesson	Emphasized in parenthood lesson	
(C) Stress that unplanned pregnancy and sexually transmitted diseases are serious possibilities of sex that are not fully preventable except by abstinence.	Lessons 23, 25, 26		Abstinence highlighted as only 100% effective method of not spreading STDs, HIV, or starting a pregnancy	
(D) Advise pupils of the laws pertaining to their responsibility as parents to children born in and out of wedlock.	Lesson 21		Full lesson on role and responsibilities of parents	Does not address married versus unmarried
(E) Ensure that pupils are not taught in a way that condones the violation of laws in this state pertaining to sexual activity, including but not limited to sections 158, 335a, 338, 338a, 338b, and 520b to 520e of the Michigan penal code, 1931 PA 328, MCL 750.158, 750.335a, 750.338, 750.338a, 750.338b, and 750.520b to 750.520e.	All		Compliant with Michigan state laws	
(F) Teach pupils how to say "no" to sexual advances and that it is wrong to take advantage of, harass, or exploit another person sexually.	Lessons 12, 22	Both people must agree	Extensive practice saying no in a variety of wide situations; Parent guidance to reinforce skill	

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
(G) Teach refusal skills and encourage pupils to resist pressure to engage in risky behavior.	Lessons 12, 14		Refusal skills taught in role play, case study, and game; Parent guidance to reinforce this skill	
(H) Teach that the pupil has the power to control personal behavior. Pupils shall be taught to base their actions on reasoning, self-discipline, a sense of responsibility, self-control, and ethical considerations such as respect for self and others.	Lessons 15, 24		Focus on "I can choose healthy behaviors"	
(I) Provide instruction on healthy dating relationships and on how to set limits and recognize a dangerous environment.	Lessons 6, 14, 15		Healthy dating and healthy friendship; Preventing exploitation and how to get help; Okay to say no to different types of touch	
(J) Provide information for pupils about how young parents can learn more about adoption services and about the provision of the safe delivery of newborns law, chapter XII of the probate code of 1939 PA 288, MCL 712.1 to 712.20.	None			<i>Not addressed</i>
(K) Include information clearly informing pupils that having sex or sexual contact with an individual under the age of 16 is a crime punishable by imprisonment and that one of the other results of being convicted of this crime may be to be listed on the sex offender registry for 15 years, 25 years, or life.	None			<i>Not addressed</i>



FLASH Elementary

A-K CORRELATION

Due to requirements in Michigan law related to sex education in public schools, districts must examine their sex education programs to make sure they are in compliance. This document is designed to assist schools using *FLASH: Elementary* (grades 4-6) to meet the legal requirements for sex education curriculum as stated in section 380.1507b of Michigan Compiled Laws. The following chart outlines the curriculum requirements, topics addressed and not addressed in this curriculum, including the lessons addressing each law.

Material and instruction in the sex education curriculum under section 1507 that discusses sex **shall be age-appropriate, shall not be medically inaccurate, and shall do at least all of the following:**

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
(A) Discuss the benefits of abstaining from sex until marriage and the benefits of ceasing sex if a pupil is sexually active.	Lessons 6, 15		Builds knowledge, refusal skills, and positive attitudes; Applied to scenarios	
(B) Include a discussion of the possible emotional, economic, and legal consequences of sex.	Lessons 7, 8		Legal and emotional consequences with focus on sexual violence	Does not address economic consequences
(C) Stress that unplanned pregnancy and sexually transmitted diseases are serious possibilities of sex that are not fully preventable except by abstinence.	Lessons 13, 15		Abstinence to prevent STDs and pregnancy is a key concept in these lessons; Mechanisms of conception are covered	
(D) Advise pupils of the laws pertaining to their responsibility as parents to children born in and out of wedlock.	None			Not addressed
(E) Ensure that pupils are not taught in a way that condones the violation of laws in this state pertaining to sexual activity, including but not limited to sections 158, 335a, 338, 338a, 338b, and 520b to 520e of the Michigan penal code, 1931 PA 328, MCL 750.158, 750.335a, 750.338, 750.338a, 750.338b, and 750.520b to 750.520e.	All		Compliant with Michigan state laws	
(F) Teach pupils how to say "no" to sexual advances and that it is wrong to take advantage of, harass, or exploit another person sexually.	Lessons 6, 7, 8, 15		Decision making, refusal, and bystander skills taught; Applied to scenarios	

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
(G) Teach refusal skills and encourage pupils to resist pressure to engage in risky behavior.	Lessons 6, 7, 8, 15		Decision making, refusal, and bystander skills taught; Applied to scenarios	
(H) Teach that the pupil has the power to control personal behavior. Pupils shall be taught to base their actions on reasoning, self-discipline, a sense of responsibility, self-control, and ethical considerations such as respect for self and others.	Lessons 3, 5, 6, 7		Builds skills to respect self and others, exercise personal control, and base actions on reasoning and ethical considerations ; Applied to scenarios	
(I) Provide instruction on healthy dating relationships and on how to set limits and recognize a dangerous environment.	Lesson 5		Taught in the context of healthy friendships	
(J) Provide information for pupils about how young parents can learn more about adoption services and about the provision of the safe delivery of newborns law, chapter XII of the probate code of 1939 PA 288, MCL 712.1 to 712.20.	None			<i>Not taught in elementary</i>
(K) Include information clearly informing pupils that having sex or sexual contact with an individual under the age of 16 is a crime punishable by imprisonment and that one of the other results of being convicted of this crime may be to be listed on the sex offender registry for 15 years, 25 years, or life.	Lesson 8		Age appropriate information about sexual abuse and reporting provided; Applied via case study	



Due to requirements in Michigan law related to sex education in public schools, districts must examine their sex education programs to make sure they are in compliance. This document is designed to assist schools using *FLASH: Middle School* (grades 6-8) to meet the legal requirements for sex education curriculum as stated in section 380.1507b of Michigan Compiled Laws. The following chart outlines the curriculum requirements, topics addressed and not addressed in this curriculum, including the lessons addressing each law.

Material and instruction in the sex education curriculum under section 1507 that discusses sex **shall be age-appropriate, shall not be medically inaccurate, and shall do at least all of the following:**

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
(A) Discuss the benefits of abstaining from sex until marriage and the benefits of ceasing sex if a pupil is sexually active.	Lessons 4, 5		Builds knowledge, refusal skills, and positive attitudes; Application activities	Does not address "until marriage"
(B) Include a discussion of the possible emotional, economic, and legal consequences of sex.	Lesson 4		Legal consequences with focus on sexual violence	Does not address emotional and economic consequences
(C) Stress that unplanned pregnancy and sexually transmitted diseases are serious possibilities of sex that are not fully preventable except by abstinence.	Lessons 4, 5		Abstinence to prevent STDs and pregnancy is a key concept in these lessons	
(D) Advise pupils of the laws pertaining to their responsibility as parents to children born in and out of wedlock.	None			Not addressed
(E) Ensure that pupils are not taught in a way that condones the violation of laws in this state pertaining to sexual activity, including but not limited to sections 158, 335a, 338, 338a, 338b, and 520b to 520e of the Michigan penal code, 1931 PA 328, MCL 750.158, 750.335a, 750.338, 750.338a, 750.338b, and 750.520b to 750.520e.	All		Compliant with Michigan state laws	
(F) Teach pupils how to say "no" to sexual advances and that it is wrong to take advantage of, harass, or exploit another person sexually.	Lessons 3, 4		Extensive focus, including skill-building and building peer norms	

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
(G) Teach refusal skills and encourage pupils to resist pressure to engage in risky behavior.	Lessons 4, 5		Refusal skills are modeled, practiced, and applied to scenarios; Advocacy to resist pressure to engage in risky behavior	
(H) Teach that the pupil has the power to control personal behavior. Pupils shall be taught to base their actions on reasoning, self-discipline, a sense of responsibility, self-control, and ethical considerations such as respect for self and others.	Lessons 3, 4, 5, 6		This runs throughout all skill-building in the curriculum	
(I) Provide instruction on healthy dating relationships and on how to set limits and recognize a dangerous environment.	Lesson 3		Builds knowledge, skills, and positive peer norms, as well as application activities	
(J) Provide information for pupils about how young parents can learn more about adoption services and about the provision of the safe delivery of newborns law, chapter XII of the probate code of 1939 PA 288, MCL 712.1 to 712.20.	Lessons 1, 5, 7		Written resources are distributed in three lessons; Safe Haven laws are discussed in a class game about pregnancy knowledge	
(K) Include information clearly informing pupils that having sex or sexual contact with an individual under the age of 16 is a crime punishable by imprisonment and that one of the other results of being convicted of this crime may be to be listed on the sex offender registry for 15 years, 25 years, or life.	Lesson 3		All students receive handout on state laws; Teacher instructions included on how to tailor handout to state and local community; Includes information on where to get help if victim of sexual assault	

FLASH High School

A-K CORRELATION

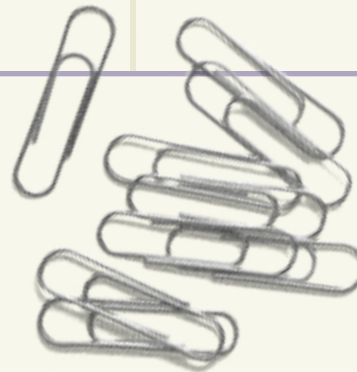
Due to requirements in Michigan law related to sex education in public schools, districts must examine their sex education programs to make sure they are in compliance. This document is designed to assist schools using *FLASH: High School* (grades 9-12) to meet the legal requirements for sex education curriculum as stated in section 380.1507b of Michigan Compiled Laws. The following chart outlines the curriculum requirements, topics addressed and not addressed in this curriculum, including the lessons addressing each law.

Material and instruction in the sex education curriculum under section 1507 that discusses sex **shall be age-appropriate, shall not be medically inaccurate, and shall do at least all of the following:**

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
(A) Discuss the benefits of abstaining from sex until marriage and the benefits of ceasing sex if a pupil is sexually active.	Lessons 1, 9, 11, 14, 15		Builds knowledge, refusal skills, and positive attitudes; Applied to scenarios and poster campaigns	Does not address "until marriage"
(B) Include a discussion of the possible emotional, economic, and legal consequences of sex.	Lessons 7, 8		Legal and emotional consequences with focus on sexual violence	Does not address economic consequences
(C) Stress that unplanned pregnancy and sexually transmitted diseases are serious possibilities of sex that are not fully preventable except by abstinence.	Lessons 9, 11, 13		Abstinence to prevent STDs and pregnancy is a key concept in these lessons	
(D) Advise pupils of the laws pertaining to their responsibility as parents to children born in and out of wedlock.	None			Not addressed
(E) Ensure that pupils are not taught in a way that condones the violation of laws in this state pertaining to sexual activity, including but not limited to sections 158, 335a, 338, 338a, 338b, and 520b to 520e of the Michigan penal code, 1931 PA 328, MCL 750.158, 750.335a, 750.338, 750.338a, 750.338b, and 750.520b to 750.520e.	All		Compliant with Michigan state laws	
(F) Teach pupils how to say "no" to sexual advances and that it is wrong to take advantage of, harass, or exploit another person sexually.	Lessons 4, 6, 7, 8, 9, 14, 15		Extensive focus, including skill-building and building peer norms	



"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
(G) Teach refusal skills and encourage pupils to resist pressure to engage in risky behavior.	Lessons 9, 14, 15		Refusal skills are modeled, practiced, and applied to scenarios	
(H) Teach that the pupil has the power to control personal behavior. Pupils shall be taught to base their actions on reasoning, self-discipline, a sense of responsibility, self-control, and ethical considerations such as respect for self and others.	All		This runs throughout all skill-building in the curriculum	
(I) Provide instruction on healthy dating relationships and on how to set limits and recognize a dangerous environment.	Lessons 6, 7, 8, 14, 15		Builds knowledge, skills, and positive peer norms, as well as application activities	
(J) Provide information for pupils about how young parents can learn more about adoption services and about the provision of the safe delivery of newborns law, chapter XII of the probate code of 1939 PA 288, MCL 712.1 to 712.20.	Lessons 3, 10, 12		After initial teaching, written resources on this topic are distributed to students in 3 lessons	
(K) Include information clearly informing pupils that having sex or sexual contact with an individual under the age of 16 is a crime punishable by imprisonment and that one of the other results of being convicted of this crime may be to be listed on the sex offender registry for 15 years, 25 years, or life.	Lesson 7		All students receive handout on state laws; Teacher instructions included on how to tailor handout to state and local community; Includes information on where to get help if victim of sexual assault	



Due to requirements in Michigan law related to sex education in public schools, districts must examine their sex education programs to make sure they are in compliance. This document is designed to assist schools using *Get Real* (grades 6-8) to meet the legal requirements for sex education curriculum as stated in section 380.1507b of Michigan Compiled Laws. The following chart outlines the curriculum requirements, topics addressed and not addressed in this curriculum, including the lessons addressing each law.

Material and instruction in the sex education curriculum under section 1507 that discusses sex **shall be age-appropriate, shall not be medically inaccurate, and shall do at least all of the following:**

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
(A) Discuss the benefits of abstaining from sex until marriage and the benefits of ceasing sex if a pupil is sexually active.	Grade 6: Lessons 4, 7 Grade 7: Lesson 6 Grade 8: Lesson 3	Grade 6: Abstinence is introduced as most effective way to avoid STIs and unintended pregnancy	Grade 6: Covers benefits of abstinence, affirms norm that majority of students abstain; Students apply learning by offering advice on staying abstinent Grade 7: Reasons abstinence is a healthy choice; Link between abstinence and goals Grade 8: Positive outcomes of abstinence; how to overcome obstacles to abstinence	Abstaining until marriage is not discussed in the curriculum
(B) Include a discussion of the possible emotional, economic, and legal consequences of sex.	Grade 7: Lessons 5, 9 Grade 8: Lesson 8		Grade 7: Discussion of outcomes and risk continuum activity; Reviews possible outcomes of sexual activity as part of decision-making exercise Grade 8: Discussion of unintended outcomes of scenarios related to sexual activity	
(C) Stress that unplanned pregnancy and sexually transmitted diseases are serious possibilities of sex that			Grade 7: Facts about STIs; affirms abstinence as only 100% sure way to avoid STIs	

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
are not fully preventable except by abstinence.			several times; Reviews abstinence as most effective method in discussion of reasons for using protection Grade 8: Abstinence is reinforced as only 100% protection before and while discussing other protection methods	
(D) Advise pupils of the laws pertaining to their responsibility as parents to children born in and out of wedlock.	None			<i>Not addressed</i>
(E) Ensure that pupils are not taught in a way that condones the violation of laws in this state pertaining to sexual activity, including but not limited to sections 158, 335a, 338, 338a, 338b, and 520b to 520e of the Michigan penal code, 1931 PA 328, MCL 750.158, 750.335a, 750.338, 750.338a, 750.338b, and 750.520b to 750.520e.	<i>This is best determined by Sex Ed Advisory Boards and districts who are familiar with the state laws</i>			
(F) Teach pupils how to say "no" to sexual advances and that it is wrong to take advantage of, harass, or exploit another person sexually.	Grade 6: Lesson 2 Grade 7: Lesson 6 Grade 8: Lesson 7		Grade 6: Assertive communication practice; Accepting another person's refusal Grade 7: Review of key parts of a refusal, including consent Grade 8: Role-play practice of refusal skills includes respecting a partner's boundaries	



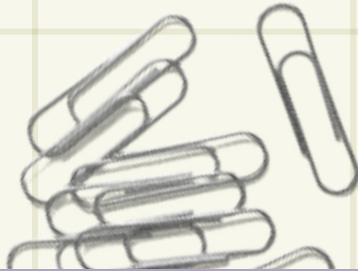
"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
(G) Teach refusal skills and encourage pupils to resist pressure to engage in risky behavior.	Grade 7: Lessons 6, 9 Grade 8: Lesson 7		Grade 7: Review components of refusal skills; Role-play practice of refusal skills Grade 8: Role-play practice of refusal skills	
(H) Teach that the pupil has the power to control personal behavior. Pupils shall be taught to base their actions on reasoning, self-discipline, a sense of responsibility, self-control, and ethical considerations such as respect for self and others.	Grade 6: Lesson 8 Grade 7: Lesson 4 Grade 8: Lessons 8, 9		Grade 6: Decision making model and clarification of personal values Grade 7: Personal values around bullying/harassment, ways to be an ally and show respect to others Grade 8: Self-management and making responsible decisions in support of life goals; Activity in which students set personal limits around sexual behaviors	
(I) Provide instruction on healthy dating relationships and on how to set limits and recognize a dangerous environment.	Grade 6: Lesson 3 Grade 7: Lesson 5 Grade 8: Lesson 2		Grade 6: Healthy and unhealthy relationships, older partners, boundaries and peer pressure Grade 7: Activity on safe dating behaviors and values around dating Grade 8: Qualities of healthy and unhealthy relationships, importance of respect and boundaries	
(J) Provide information for pupils about how young parents can learn more about adoption services and about the provision of the safe delivery of newborns law, chapter XII of the probate code of 1939 PA 288, MCL 712.1 to 712.20.	None			<i>Not addressed</i>

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
(K) Include information clearly informing pupils that having sex or sexual contact with an individual under the age of 16 is a crime punishable by imprisonment and that one of the other results of being convicted of this crime may be to be listed on the sex offender registry for 15 years, 25 years, or life.	Grade 6: Lesson 3 Grade 8: Lesson 2		Grade 6: Activity on older partners asks teachers to share state laws around age of consent Grade 8: Lesson preparation asks teachers to be familiar with legal consequences for statutory rape in case questions come up	



Material and instruction in the sex education curriculum under section 1507 that discusses sex **shall be age-appropriate, shall not be medically inaccurate, and shall do at least all of the following:**

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
(A) Discuss the benefits of abstaining from sex until marriage and the benefits of ceasing sex if a pupil is sexually active.	Lesson 5	Abstinence is included as an effective way to avoid STIs and unintended pregnancy		Abstaining until marriage is not discussed in the curriculum
(B) Include a discussion of the possible emotional, economic, and legal consequences of sex.	Lessons 5, 7		Lesson 5: Discussion of how an unintended pregnancy could affect goals Lesson 7: Examines risks of various sexual behaviors	
(C) Stress that unplanned pregnancy and sexually transmitted diseases are serious possibilities of sex that are not fully preventable except by abstinence.	Lessons 5, 6		Lesson 5: Abstinence is reinforced as only 100% protection before and while discussing other protection methods Lesson 6: Facts about STIs; affirms abstinence as only 100% sure way to avoid STIs	
(D) Advise pupils of the laws pertaining to their responsibility as parents to children born in and out of wedlock.	None			<i>Not addressed</i>
(E) Ensure that pupils are not taught in a way that condones the violation of laws in this state pertaining to sexual activity, including but not	<i>This is best determined by Sex Ed Advisory Boards and districts who are familiar with the state laws</i>			

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
limited to sections 158, 335a, 338, 338a, 338b, and 520b to 520e of the Michigan penal code, 1931 PA 328, MCL 750.158, 750.335a, 750.338, 750.338a, 750.338b, and 750.520b to 750.520e.				
(F) Teach pupils how to say "no" to sexual advances and that it is wrong to take advantage of, harass, or exploit another person sexually.	Lesson 8		Assertive communication skills and role-play practice	
(G) Teach refusal skills and encourage pupils to resist pressure to engage in risky behavior.	Lesson 8		Assertive communication skills and role-play practice	
(H) Teach that the pupil has the power to control personal behavior. Pupils shall be taught to base their actions on reasoning, self-discipline, a sense of responsibility, self-control, and ethical considerations such as respect for self and others.	Lesson 11		Personal risk assessment; Students make a plan to reduce risks to sexual health	
(I) Provide instruction on healthy dating relationships and on how to set limits and recognize a dangerous environment.	Lesson 10		Healthy and unhealthy relationships, older partners, relationship "deal breakers," resources for help	
(J) Provide information for pupils about how young parents can learn more about adoption services and about the provision of the safe delivery of newborns law, chapter XII of the probate code of 1939 PA 288, MCL 712.1 to 712.20.	None			<i>Not addressed</i>
(K) Include information clearly informing pupils that having sex or sexual contact with an individual under the age of 16 is a crime punishable by imprisonment and that one of the other results of being convicted of this crime may be to be listed on the sex offender registry for 15 years, 25 years, or life.	None			<i>Not addressed</i>

HEALTHSMART

Grades 4 + 5

A-K CORRELATION

Due to requirements in Michigan law related to sex education in public schools, districts must examine their sex education programs to make sure they are in compliance. This document is designed to assist schools using *HealthSmart* (grades 4-5) to meet the legal requirements for sex education curriculum as stated in section 380.1507b of Michigan Compiled Laws. The following chart outlines the curriculum requirements, topics addressed and not addressed in this curriculum, including the lessons addressing each law.

Material and instruction in the sex education curriculum under section 1507 that discusses sex **shall be age-appropriate, shall not be medically inaccurate, and shall do at least all of the following:**

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
(A) Discuss the benefits of abstaining from sex until marriage and the benefits of ceasing sex if a pupil is sexually active.	Grade 5: Lessons 33, 37	Reading sheet on puberty notes that the time to have sex is a long way off	Defines abstinence; Reading sheet presents various viewpoints of students their age and benefits of being abstinent. Students personalize which benefits would be most important to them; Take-home family sheet allows students to discuss the concept of abstinence with their parents/guardians	Abstaining until marriage is not discussed in the curriculum. It could come up in the discussion with parents in Lesson 37, if this is a family value
(B) Include a discussion of the possible emotional, economic, and legal consequences of sex.	Grade 5: Lesson 33, Supplemental	Reading sheet on puberty mentions making a baby as a result of having sex; Supplemental lesson on HIV presents sex as one way the virus can be transmitted		Sex is only discussed in the context of waiting or being abstinent, so there is not a lot of detail provided about consequences
(C) Stress that unplanned pregnancy and sexually transmitted diseases are serious possibilities of sex that are not fully preventable except by abstinence.	Grade 5: Lesson 37	Avoiding pregnancy and STIs is mentioned as one benefit of being abstinent		
(D) Advise pupils of the laws pertaining to their responsibility as parents to children born in and out of wedlock.	None			<i>Not addressed</i>

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
(E) Ensure that pupils are not taught in a way that condones the violation of laws in this state pertaining to sexual activity, including but not limited to sections 158, 335a, 338, 338a, 338b, and 520b to 520e of the Michigan penal code, 1931 PA 328, MCL 750.158, 750.335a, 750.338, 750.338a, 750.338b, and 750.520b to 750.520e.	<i>This is best determined by Sex Ed Advisory Boards and districts who are familiar with the state laws</i>			
(F) Teach pupils how to say "no" to sexual advances and that it is wrong to take advantage of, harass, or exploit another person sexually.	None			Refusal skills are not covered in the context of sexuality until Middle School; Grade 3 includes a lesson on avoiding sexual abuse
(G) Teach refusal skills and encourage pupils to resist pressure to engage in risky behavior.	Grade 4: Lessons 13, 22, 23 Grade 5: Lesson 28		Grade 4: Effective ways to resist dares from others; Effective ways to resist pressures to use tobacco or alcohol Grade 5: Effective ways to resist pressure to use alcohol	
(H) Teach that the pupil has the power to control personal behavior. Pupils shall be taught to base their actions on reasoning, self-discipline, a sense of responsibility, self-control, and ethical considerations such as respect for self and others.	Grade 4: Lessons 5, 28 Grade 5: Lessons 1, 33		Grade 4: Self-control strategies to manage difficult feelings; Decision-making skills for a healthy future Grade 5: What it means to be emotionally healthy, including taking responsibility and showing care and concern for self and others; New responsibilities that come with puberty	

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
(I) Provide instruction on healthy dating relationships and on how to set limits and recognize a dangerous environment.	Grade 5: Lesson 2		Qualities of healthy relationships in general	
(J) Provide information for pupils about how young parents can learn more about adoption services and about the provision of the safe delivery of newborns law, chapter XII of the probate code of 1939 PA 288, MCL 712.1 to 712.20.	None			<i>Not addressed</i>
(K) Include information clearly informing pupils that having sex or sexual contact with an individual under the age of 16 is a crime punishable by imprisonment and that one of the other results of being convicted of this crime may be to be listed on the sex offender registry for 15 years, 25 years, or life.	VIP: Lesson 17	Teacher can include this information in the lesson on sexual abuse prevention		



Due to requirements in Michigan law related to sex education in public schools, districts must examine their sex education programs to make sure they are in compliance. This document is designed to assist schools using *HealthSmart* (grades 6-8) to meet the legal requirements for sex education curriculum as stated in section 380.1507b of Michigan Compiled Laws. The following chart outlines the curriculum requirements, topics addressed and not addressed in this curriculum, including the lessons addressing each law.

Material and instruction in the sex education curriculum under section 1507 that discusses sex **shall be age-appropriate, shall not be medically inaccurate, and shall do at least all of the following:**

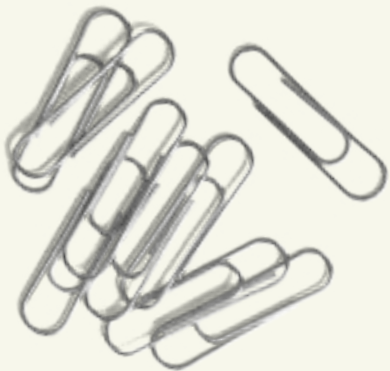
"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
(A) Discuss the benefits of abstaining from sex until marriage and the benefits of ceasing sex if a pupil is sexually active.	ABST: Lessons 4, 9, 10, 11 HIV-STI: Lessons 1, 8	ABST, Lesson 4: Aspects of sexuality discussion begins with choices people make about sex and stresses abstinence as the safest choice for teens ABST, Lesson 9: Reading sheet on taking care of sexual health emphasizes abstinence as best choice for teens ABST, Lesson 10: Defines abstinence	ABST, Lesson 11: Entire lesson focuses on benefits of abstinence; Students apply by writing advice letters HIV-STI, Lesson 1: Abstinence defined and benefits discussed HIV-STI, Lesson 8: Includes returning to abstinence as a viable option to protect from STIs	Abstaining until marriage is not discussed in the curriculum
(B) Include a discussion of the possible emotional, economic, and legal consequences of sex.	ABST: Lessons 9, 10, 16 HIV-STI: Lessons 1, 8	ABST, Lesson 9: Reading sheet on taking care of sexual health mentions risks of having sex ABST, Lesson 10: Risks of having sex included in ways to express affection activity	ABST, Lesson 16: Focuses on consequences of becoming a teen parent HIV-STI, Lesson 1: Risks of sexual activity defined and discussed HIV-STI, Lesson 8: Case study of teens who get an STI includes responsibilities that come with becoming sexually active	

ABST: Abstinence, Puberty, and Personal Health **HIV-STI:** HIV, STI, and Pregnancy Prevention
EMH: Emotional and Mental Health **VIP:** Violence and Injury Prevention

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
(C) Stress that unplanned pregnancy and sexually transmitted diseases are serious possibilities of sex that are not fully preventable except by abstinence.	HIV-STI: Lessons 5, 6, 7, 14		HIV-STI, Lesson 5: Consequences of unplanned pregnancy and teen parenting HIV-STI, Lesson 6: Facts about STIs; surest way to avoid is abstinence HIV-STI, Lesson 7: Facts about HIV, handshake activity features abstinence as best protection HIV-STI, Lesson 14: Lesson on birth control reaffirms abstinence as the surest way to prevent pregnancy	
(D) Advise pupils of the laws pertaining to their responsibility as parents to children born in and out of wedlock.	ABST: Lesson 16	Consequences of becoming a teen parent—legal aspects could be added to the discussion		Not addressed
(E) Ensure that pupils are not taught in a way that condones the violation of laws in this state pertaining to sexual activity, including but not limited to sections 158, 335a, 338, 338a, 338b, and 520b to 520e of the Michigan penal code, 1931 PA 328, MCL 750.158, 750.335a, 750.338, 750.338a, 750.338b, and 750.520b to 750.520e.	<i>This is best determined by Sex Ed Advisory Boards and districts who are familiar with the state laws</i>			
(F) Teach pupils how to say "no" to sexual advances and that it is wrong to take advantage of, harass, or exploit another person sexually.	ABST: Lessons 14, 15 HIV-STI: Lessons 3, 10, 11		ABST, Lessons 14, 15: Effective ways to resist sexual pressures, role-play demonstration and practice; students practice respecting refusals as well	

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
			HIV-STI, Lesson 3: Affirmative consent defined; students apply to scenarios HIV-STI, Lessons 10, 11: Effective ways to resist sexual pressures; Role-play demonstration and practice; Students practice respecting refusals as well	
(G) Teach refusal skills and encourage pupils to resist pressure to engage in risky behavior.	ABST: Lessons 14, 15 HIV-STI: Lessons 10, 11		Effective ways to resist sexual pressures, role-play demonstration and practice; students practice respecting refusals as well	
(H) Teach that the pupil has the power to control personal behavior. Pupils shall be taught to base their actions on reasoning, self-discipline, a sense of responsibility, self-control, and ethical considerations such as respect for self and others.	ABST: Lesson 16 HIV-STI: Lesson 9 EMH: Lessons 3, 7	ABST, Lesson 16: How being abstinent can support personal and future goals	HIV-STI, Lesson 9: Applying responsible decision-making skills to scenarios that involve sexual choices EMH, Lesson 3: What it means to be emotionally healthy, including qualities of taking responsibility for choices, learning from mistakes and showing care and concern for self and others EMH, Lesson 7: Focuses on self-control skills and risks of impulsive behavior	
(I) Provide instruction on healthy dating relationships and on how to set limits and recognize a dangerous environment.	HIV-STI: Lesson 4		Qualities of healthy romantic relationships, warning signs of unhealthy relationships, reasons to end a relationship	

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
(J) Provide information for pupils about how young parents can learn more about adoption services and about the provision of the safe delivery of newborns law, chapter XII of the probate code of 1939 PA 288, MCL 712.1 to 712.20.	HIV-STI: Supplemental Lesson 1 (online)		Lesson on pregnancy options includes information on adoption and safe surrender <i>[Note: Abortion is also discussed]</i>	
(K) Include information clearly informing pupils that having sex or sexual contact with an individual under the age of 16 is a crime punishable by imprisonment and that one of the other results of being convicted of this crime may be to be listed on the sex offender registry for 15 years, 25 years, or life.	VIP: Lesson 17	Teacher can include this information in the lesson on sexual abuse prevention		



Due to requirements in Michigan law related to sex education in public schools, districts must examine their sex education programs to make sure they are in compliance. This document is designed to assist schools using *Health Smart* (grades 9-12) to meet the legal requirements for sex education curriculum as stated in section 380.1507b of Michigan Compiled Laws. The following chart outlines the curriculum requirements, topics addressed and not addressed in this curriculum, including the lessons addressing each law.

Material and instruction in the sex education curriculum under section 1507 that discusses sex **shall be age-appropriate, shall not be medically inaccurate, and shall do at least all of the following:**

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
(A) Discuss the benefits of abstaining from sex until marriage and the benefits of ceasing sex if a pupil is sexually active.	ABST: Lessons 7, 9, 10 HIV-STI: Lessons 3, 14	ABST, Lesson 7: Aspects of sexuality reading/discussion stresses abstinence as the safest choice for teens ABST, Lesson 9: Scavenger hunt features abstinence as best way to avoid STIs	ABST, Lesson 10: Entire lesson focuses on benefits of abstinence HIV-STI, Lesson 3: Discussion of sexual choices emphasizes abstinence as the safest, most effective choice for teens HIV-STI, Lesson 14: Ways to maintain a commitment to being abstinent	Abstaining until marriage is not discussed in the curriculum
(B) Include a discussion of the possible emotional, economic, and legal consequences of sex.	ABST: Lesson 9 HIV-STI: Lessons 3, 9	ABST, Lesson 9: Reading sheet on taking care of sexual health mentions risks of having sex	HIV-STI, Lesson 3: Examines potential consequences of becoming sexually active HIV-STI, Lesson 9: Abstinence emphasized as safest way to reduce STI risk	
(C) Stress that unplanned pregnancy and sexually transmitted diseases are serious possibilities of sex that are not fully preventable except by abstinence.	HIV-STI: Lessons 5, 6, 7		HIV-STI, Lesson 5: Lesson on birth control reaffirms abstinence as the surest way to prevent pregnancy HIV-STI, Lesson 6: Facts about STIs; surest way to avoid is abstinence HIV-STI, Lesson 7: Facts	

ABST: Abstinence, Puberty, and Personal Health **HIV-STI:** HIV, STI, and Pregnancy Prevention
EMH: Emotional and Mental Health **VIP:** Violence and Injury Prevention

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
			about HIV; categorizing risk behaviors reviews abstinence as best protection	
(D) Advise pupils of the laws pertaining to their responsibility as parents to children born in and out of wedlock.	None			<i>Not addressed</i>
(E) Ensure that pupils are not taught in a way that condones the violation of laws in this state pertaining to sexual activity, including but not limited to sections 158, 335a, 338, 338a, 338b, and 520b to 520e of the Michigan penal code, 1931 PA 328, MCL 750.158, 750.335a, 750.338, 750.338a, 750.338b, and 750.520b to 750.520e.	<i>This is best determined by Sex Ed Advisory Boards and districts who are familiar with the state laws</i>			
(F) Teach pupils how to say "no" to sexual advances and that it is wrong to take advantage of, harass, or exploit another person sexually.	ABST: Lessons 13, 15, 16 HIV-STI: Lesson 4	ABST, Lesson 13: Includes discussion of why it's important to respect others' limits	ABST, Lessons 15, 16: Effective ways to resist sexual pressures, role-play demonstration and practice; students practice respecting refusals as well HIV-STI, Lesson 4: Affirmative consent defined; students apply to scenarios	
(G) Teach refusal skills and encourage pupils to resist pressure to engage in risky behavior.	ABST: Lessons 15, 16 HIV-STI: Lessons 13		ABST, Lessons 15, 16: Effective ways to resist sexual pressures, role-play demonstration and practice; students practice respecting refusals as well HIV-STI, Lesson 13: Effective ways to resist pressure to have unsafe sex, role-play practice	



"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
(H) Teach that the pupil has the power to control personal behavior. Pupils shall be taught to base their actions on reasoning, self-discipline, a sense of responsibility, self-control, and ethical considerations such as respect for self and others.	ABST: Lessons 9, 13, 14 HIV-STI: Lesson 3 EMH: Lesson 2	ABST, Lesson 16: How being abstinent can support personal and future goals	ABST, Lesson 9: Discussion of how to take responsibility for one's own sexual health ABST, Lesson 13: Setting limits to support abstinence ABST, Lesson 14: Applying responsible decision-making skills to scenarios that involve sticking with a choice to be abstinent HIV-STI, Lesson 3: Focuses on what it means to be sexually responsible; students list responsibilities associated with sexual choices EMH, Lesson 2: What it means to be emotionally healthy, including qualities of taking responsibility for choices, learning from mistakes, and showing care and concern for self and others	
(I) Provide instruction on healthy dating relationships and on how to set limits and recognize a dangerous environment.	EMH: Lesson 9 VIP: Lesson 15		EMH, Lesson 9: Qualities of unhealthy relationships, warning signs, how to end a relationship VIP, Lesson 15: Different types of dating abuse, warning signs, resources for help with dating violence	
(J) Provide information for pupils about how young parents can learn more about adoption services and about the provision of the safe	HIV-STI: Supplemental Lesson 1 (online)		Lesson on pregnancy options includes information on adoption and safe surrender [Note:	

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
delivery of newborns law, chapter XII of the probate code of 1939 PA 288, MCL 712.1 to 712.20.			<i>Abortion is also discussed]</i>	
(K) Include information clearly informing pupils that having sex or sexual contact with an individual under the age of 16 is a crime punishable by imprisonment and that one of the other results of being convicted of this crime may be to be listed on the sex offender registry for 15 years, 25 years, or life.	VIP: Lesson 17, 18	Teacher can include this information in the lessons on sexual abuse prevention		



MAKING PROUD CHOICES

A-K CORRELATION

Due to requirements in Michigan law related to sex education in public schools, districts must examine their sex education programs to make sure they are in compliance. This document is designed to assist schools using *Making Proud Choices* (grades 7-12) to meet the legal requirements for sex education curriculum as stated in section 380.1507b of Michigan Compiled Laws. The following chart outlines the curriculum requirements, topics addressed and not addressed in this curriculum, including the lessons addressing each law.

Material and instruction in the sex education curriculum under section 1507 that discusses sex **shall be age-appropriate, shall not be medically inaccurate, and shall do at least all of the following:**

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
(A) Discuss the benefits of abstaining from sex until marriage and the benefits of ceasing sex if a pupil is sexually active.	All		Abstinence is affirmed as the surest way to avoid unplanned pregnancy and HIV/STIs throughout	Abstaining until marriage is not discussed
(B) Include a discussion of the possible emotional, economic, and legal consequences of sex.	Module 1: Activity E	Brief discussion of possible outcomes of unprotected sex; Ways a pregnancy or STI could derail goals		
(C) Stress that unplanned pregnancy and sexually transmitted diseases are serious possibilities of sex that are not fully preventable except by abstinence.	Module 2: Activities A-C, D Module 5: Activity A Module 6: Activities A-B		Module 2, Activities A-C: Presents facts about HIV Module 2, Activity D: HIV risk continuum features abstinence and other "green-light" activities Module 5, Activity A: Presents facts about STIs Module 6, Activities A-B: Presents facts about unplanned pregnancy	
(D) Advise pupils of the laws pertaining to their responsibility as parents to children born in and out of wedlock.	None			<i>Not addressed</i>

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
(E) Ensure that pupils are not taught in a way that condones the violation of laws in this state pertaining to sexual activity, including but not limited to sections 158, 335a, 338, 338a, 338b, and 520b to 520e of the Michigan penal code, 1931 PA 328, MCL 750.158, 750.335a, 750.338, 750.338a, 750.338b, and 750.520b to 750.520e.	<i>This is best determined by Sex Ed Advisory Boards and districts who are familiar with the state laws</i>			
(F) Teach pupils how to say "no" to sexual advances and that it is wrong to take advantage of, harass, or exploit another person sexually.	Module 7: Activity E		Role-plays using the SWAT technique for refusals	
(G) Teach refusal skills and encourage pupils to resist pressure to engage in risky behavior.	Module 7: Activity E Module 8: Activities A-C		Module 7, Activity E: Role-plays using SWAT technique for refusals Module 8, Activities A-C: Role-play practice of refusal skills to support abstinence and safer sex practices	
(H) Teach that the pupil has the power to control personal behavior. Pupils shall be taught to base their actions on reasoning, self-discipline, a sense of responsibility, self-control, and ethical considerations such as respect for self and others	Module 1: Activity D Module 4: Activity A		Module 1, Activity D: Making proud and responsible choices Module 4, Activity A: Stop-Think-Act problem-solving approach	
(I) Provide instruction on healthy dating relationships and on how to set limits and recognize a dangerous environment.	Module 4: Activity B	Sean and Morgan case study introduces idea of setting limits in relationships		
(J) Provide information for pupils about how young parents can learn more about adoption services and about the provision of the safe delivery of newborns law, chapter XII of the probate code of 1939 PA 288, MCL 712.1 to 712.20	None			<i>Not addressed</i>

MAKING PROUD CHOICES A-K CORRELATION

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
(K) Include information clearly informing pupils that having sex or sexual contact with an individual under the age of 16 is a crime punishable by imprisonment and that one of the other results of being convicted of this crime may be to be listed on the sex offender registry for 15 years, 25 years, or life.	None			Not addressed



POSITIVE PREVENTION PLUS

A-K CORRELATION

Due to requirements in Michigan law related to sex education in public schools, districts must examine their sex education programs to make sure they are in compliance. This document is designed to assist schools using *Positive Prevention Plus* (grades 4-12) to meet the legal requirements for sex education curriculum as stated in section 380.1507b of Michigan Compiled Laws. The following chart outlines the curriculum requirements, topics addressed and not addressed in this curriculum, including the lessons addressing each law.

Material and instruction in the sex education curriculum under section 1507 that discusses sex **shall be age-appropriate, shall not be medically inaccurate, and shall do at least all of the following:**

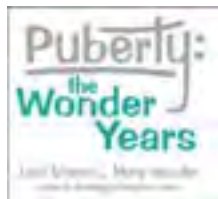
"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
(A) Discuss the benefits of abstaining from sex until marriage and the benefits of ceasing sex if a pupil is sexually active.	Lesson 6: Preventing an Unplanned Pregnancy Lesson 7: Teen Pregnancy: Choices and Responsibilities Lesson 9: Preventing Sexually Transmitted Infections Lesson 10: Protection and Communication		✓	
(B) Include a discussion of the possible emotional, economic, and legal consequences of sex.	Lesson 7: Teen Pregnancy: Choices and Responsibilities		✓	
(C) Stress that unplanned pregnancy and sexually transmitted diseases are serious possibilities of sex that are not fully preventable except by abstinence.	Lesson 6: Preventing an Unplanned Pregnancy Lesson 9: Preventing Sexually Transmitted Infections		✓	
(D) Advise pupils of the laws pertaining to their responsibility as parents to children born in and out of wedlock.	Lesson 7: Teen Pregnancy: Choices and Responsibilities (incl. prenatal care, parenting, adoption, safe surrender)		✓	
(E) Ensure that pupils are not taught in a way that condones the violation of laws in this state pertaining to sexual activity, including	Lesson 6: Preventing an Unplanned Pregnancy	✓		

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
but not limited to sections 158, 335a, 338, 338a, 338b, and 520b to 520e of the Michigan penal code, 1931 PA 328, MCL 750.158, 750.335a, 750.338, 750.338a, 750.338b, and 750.520b to 750.520e.				
(F) Teach pupils how to say "no" to sexual advances and that it is wrong to take advantage of, harass, or exploit another person sexually.	Lesson 4: Relationship Abuse (High School) Lesson 4: Bullying (Middle School) Lesson 11: Media and Peer Pressure		✓	
(G) Teach refusal skills and encourage pupils to resist pressure to engage in risky behavior.	Lesson 4: Relationship Abuse (High School) Lesson 4: Bullying (Middle School) Lesson 11: Media and Peer Pressure		✓	
(H) Teach that the pupil has the power to control personal behavior. Pupils shall be taught to base their actions on reasoning, self-discipline, a sense of responsibility, self-control, and ethical considerations such as respect for self and others.	Lesson 6: Preventing an Unplanned Pregnancy		✓	
(I) Provide instruction on healthy dating relationships and on how to set limits and recognize a dangerous environment.	Lesson 3: Healthy Relationships (High School) Lesson 3: Friendship (Middle School) Lesson 4: Relationship Abuse (High School) Lesson 4: Bullying (Middle School)		✓	
(J) Provide information for pupils about how young parents can learn more about adoption services and about the provision of the	Lesson 7: Teen Pregnancy: Choices and Responsibilities (incl. prenatal care, parenting, adoption, safe surrender)		✓	

POSITIVE PREVENTION PLUS A-K CORRELATION

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
safe delivery of newborns law, chapter XII of the probate code of 1939 PA 288, MCL 712.1 to 712.20.				
(K) Include information clearly informing pupils that having sex or sexual contact with an individual under the age of 16 is a crime punishable by imprisonment and that one of the other results of being convicted of this crime may be to be listed on the sex offender registry for 15 years, 25 years, or life.	Lesson 4: Relationship Abuse (High School) Lesson 4: Bullying (Middle School)		✓	



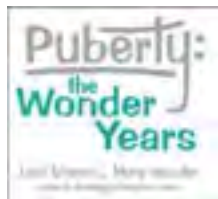


Puberty: The Wonder Years, 2021 Edition Addresses the Michigan a to k Criteria



Michigan public schools that choose to teach sex education must meet Michigan's legal requirements for sex education curriculum as stated in section 380.1507b of the Michigan Compiled Laws. The following chart outlines the curriculum requirements listed in section 1507 (a to k) and how to meet them using *Puberty: The Wonder Years* 2021 edition lessons for grades 4, 5, and 6. Materials and instruction in the sex education curriculum shall be **age-appropriate**, shall **not be medically inaccurate**, and shall do at least all of the following:

Curriculum Requirements	Age Appropriate?*	Where Addressed
(a) Discuss the benefits of abstaining from sex until marriage and the benefits of ceasing sex if a pupil is sexually active.	• Yes (benefits of abstaining): This age group is receptive to abstinence messages and respects limits set by adults. • No (until marriage): This is a shame-based message. Instead, students identify benefits of abstaining and importance of talking to adults. • No (ceasing sex): The vast majority of this age group has not had sex, so instructing them to cease would give them the impression of a false norm in their group.	<u>Grade 4:</u> • Lesson 4-4, 4-5 <u>Grade 5:</u> • Lessons 5-5, 5-7 <u>Grade 6:</u> • Lessons 6-6, 6-10
(b) Include a discussion of the possible emotional, economic, and legal consequences of sex.	• Yes: At the age sex is explained, the consequences are discussed.	<u>Grade 4:</u> Sex is not explained. <u>Grade 5:</u> • Lesson 5-4, 5-5, 5-7 <u>Grade 6:</u> • Lesson 6-6
(c) Stress that unplanned pregnancy and sexually transmitted diseases are serious possibilities of sex that are not fully preventable except by abstinence.	• Yes: At the age sex is explained, possible negative consequences and how to avoid them are discussed.	<u>Grade 4:</u> Sex is not explained. <u>Grade 5:</u> • Lessons 5-4, 5-5, 5-7 <u>Grade 6:</u> • Lessons 6-6, 6-7 <u>Add-On Lessons:</u> • G, H
(d) Advise pupils of the laws pertaining to their responsibility as parents to children born in and out of wedlock.	• No: Most students in this age group are not bearing children.	-
(e) Ensure that pupils are not taught in a way that condones the violation of the laws of this state pertaining to sexual activity (list omitted).	• Yes: Instruction of this age group can avoid discussion of the issues in these laws.	<u>Grade 4:</u> All Lessons <u>Grade 5:</u> All Lessons <u>Grade 6:</u> All Lessons



Puberty: The Wonder Years, 2021 Edition Addresses the Michigan a to k Criteria



(f) Teach pupils how to say "no" to sexual advances and that it is wrong to take advantage of, harass, or exploit another person sexually.	- No (sexual advances): Most students in this age group are developmentally not interested in sexual advances. - Yes (harassment): This age group needs skills to deal with situations involving harassment.	<u>Grade 4:</u> no** <u>Grade 5:</u> - Lessons 5-6, 5-7 <u>Grade 6:</u> - Lessons 6-4, 6-5, 6-8 <u>Add-On Lesson:</u> - F
(g) Teach refusal skills and encourage pupils to resist pressure to engage in risky behavior.	Yes: Refusal skills help equip this age group to avoid risky situations.	<u>Grade 4:</u> no** <u>Grade 5:</u> - Lesson 5-7 <u>Grade 6:</u> - Lesson 6-5, 6-8
(h) Teach that the pupil has the power to control personal behavior. Pupils shall be taught to base their actions on reasoning, self-discipline, a sense of responsibility, self-control, and ethical considerations such as respect for self and others.	Yes: This age group is becoming more autonomous and independent and able to accept personal responsibility for their behavior.	<u>Grade 4:</u> - Lesson 4-3 <u>Grade 5:</u> - Lessons 5-5, 5-6, 5-7 <u>Grade 6:</u> - Lessons 6-4, 6-5, 6-6, 6-8, 6-9, 6-10
(i) Provide instruction on healthy dating relationships and on how to set limits and recognize a dangerous environment.	No: Most students in this age group are not ready for dating.	<u>Grade 6:</u> - Lesson 6-4 (healthy relationships) - Lesson 6-8 (refuse or report risky situations)
(j) Provide information for pupils about how young parents can learn more about adoption services and about the provisions of the safe delivery of newborns law.	No: Most students in this age group are not bearing children.	-
(k) Include information clearly informing pupils that having sex or sexual contact with an individual under the age of 16 is a crime punishable by imprisonment and that 1 of the other results of being convicted of this crime is to be listed on the sex offender registry on the internet for up to 25 years.	No: Most students in this age group have not had sex voluntarily, and criminalizing sex would negatively impact their initial learning about sex.	-

* Whether or not these criteria are age appropriate is the author's opinion, which may differ from the conclusions of the sex education advisory board.

** Teach refusal skills using a health education curriculum, such as the *Michigan Model for Health*®, to equip students to resist pressure to engage in risky behavior as required by criteria g.

REDUCING THE RISK

A-K CORRELATION

Due to requirements in Michigan law related to sex education in public schools, districts must examine their sex education programs to make sure they are in compliance. This document is designed to assist schools using *Reducing the Risk* (grades 9-12) to meet the legal requirements for sex education curriculum as stated in section 380.1507b of Michigan Compiled Laws. The following chart outlines the curriculum requirements, topics addressed and not addressed in this curriculum, including the lessons addressing each law.

Material and instruction in the sex education curriculum under section 1507 that discusses sex **shall be age-appropriate, shall not be medically inaccurate, and shall do at least all of the following:**

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
(A) Discuss the benefits of abstaining from sex until marriage and the benefits of ceasing sex if a pupil is sexually active.	Classes 1A or 1B, 2	Classes 1A or B: Abstinence is affirmed as the surest way to avoid unplanned pregnancy and STIs	Class 2: Focuses on the benefits of abstinence, affirms abstinence as the only 100% sure way to avoid pregnancy and HIV/STIs	Abstaining until marriage is not discussed
(B) Include a discussion of the possible emotional, economic, and legal consequences of sex.	Classes 1A, 1B, 2, 12	Class 1A: Focus is on consequences of unplanned pregnancy Class 1B: Focus is on consequences of having HIV Class 2: Includes brainstorm of positive/negative outcomes of having sex Class 12: Reiterates consequences of HIV and other STIs		
(C) Stress that unplanned pregnancy and sexually transmitted diseases are serious possibilities of sex that are not fully preventable except by abstinence.	Classes 12, 13		Class 12: Abstinence is included in how to prevent HIV/STIs, but other protection methods are also discussed Class 13: HIV risk continuum features abstinence and other "green-light" activities	
(D) Advise pupils of the laws pertaining to their responsibility as parents to children born in and out of wedlock.	None			<i>Not addressed</i>

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
(E) Ensure that pupils are not taught in a way that condones the violation of laws in this state pertaining to sexual activity, including but not limited to sections 158, 335a, 338, 338a, 338b, and 520b to 520e of the Michigan penal code, 1931 PA 328, MCL 750.158, 750.335a, 750.338, 750.338a, 750.338b, and 750.520b to 750.520e.	<i>This is best determined by Sex Ed Advisory Boards and districts who are familiar with the state laws</i>			
(F) Teach pupils how to say "no" to sexual advances and that it is wrong to take advantage of, harass, or exploit another person sexually.	Classes 3,4		Refusal skills are heavily stressed in RTR, with numerous demonstration role-plays and opportunities for practice throughout the curriculum	
(G) Teach refusal skills and encourage pupils to resist pressure to engage in risky behavior.	Classes 5, 6, 10, 11, 16		In addition to how to say no effectively, classes focus on delay tactics, avoiding high-risk situations and alternative actions	
(H) Teach that the pupil has the power to control personal behavior. Pupils shall be taught to base their actions on reasoning, self-discipline, a sense of responsibility, self-control, and ethical considerations such as respect for self and others.				Implied in the role-play demonstrations and practice, but not explicitly stressed
(I) Provide instruction on healthy dating relationships and on how to set limits and recognize a dangerous environment.	None			<i>Not Addressed</i>
(J) Provide information for pupils about how young parents can learn more about adoption services and about the provision of the safe	None			<i>Not Addressed</i>

REDUCING THE RISK A-K CORRELATION

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
delivery of newborns law, chapter XII of the probate code of 1939 PA 288, MCL 712.1 to 712.20.				
(K) Include information clearly informing pupils that having sex or sexual contact with an individual under the age of 16 is a crime punishable by imprisonment and that one of the other results of being convicted of this crime may be to be listed on the sex offender registry for 15 years, 25 years, or life.	None			<i>Not Addressed</i>



3Rs Lessons Aligned to A-K Criteria Required by MI Law Upper Elementary



A-K Requirement		
Legend:  Introduced  Emphasized or Applied	Learning about HIV – 5 th Grade	Image Overload
A. Discuss the benefits of abstaining from sex until marriage and the benefits of ceasing sex if a pupil is sexually active.		
B. Include a discussion of the possible emotional, economic, and legal consequences of sex.		
C. Stress that unplanned pregnancy and sexually transmitted diseases are serious possibilities of sex that are not fully preventable except by abstinence.	○	
D. Advise pupils of the laws pertaining to their responsibility as parents to children born in and out of wedlock.		
E. Ensure that pupils are not taught in a way that condones the violation of the laws of this state pertaining to sexual activity, including, but not limited to, sections 158, 335a, 338, 338a, 338b, and 520b to 520e of the Michigan penal code, 1931 PA 328, MCL 750.158, 750.335a, 750.338, 750.338a, 750.338b, and 750.520b to 750.520e.	No Lessons Violate Law	
F. Teach pupils how to say “no” to sexual advances and that it is wrong to take advantage of, harass, or exploit another person sexually.		
G. Teach refusal skills and encourage pupils to resist pressure to engage in risky behavior.		
H. Teach that the pupil has the power to control personal behavior. Pupils shall be taught to base their actions on reasoning, self-discipline, a sense of responsibility, self-control, and ethical considerations such as respect for self and others.		○
I. Provide instruction on healthy dating relationships and on how to set limits and recognize a dangerous environment.		

J. Provide information for pupils about how young parents can learn more about adoption services and about the provisions of the safe delivery of newborns law, chapter XII of the probate code of 1939, 1939 PA 288, MCL 712.1 to 712.20.		
K. Include information clearly informing pupils that having sex or sexual contact with an individual under the age of 16 is a crime punishable by imprisonment and that one of the other results of being convicted of this crime may be to be listed on the sex offender registry for 15 years, 25 years, or life.		

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A-K Requirement	3Rs Lesson Name							
Legend:  Introduced  Emphasized or Applied	Healthy and Unhealthy Relationships	Communicating about a Sensitive Topic	Understanding Boundaries	Protecting Your Health: Understanding and Preventing STDs	The World Around Me	Making SMART Choices	Pre-Law	Warning Signs: Understanding Sexual Abuse and Assault
A. Discuss the benefits of abstaining from sex until marriage and the benefits of ceasing sex if a pupil is sexually active.								
B. Include a discussion of the possible emotional, economic, and legal consequences of sex.								
C. Stress that unplanned pregnancy and sexually transmitted diseases are serious possibilities of sex that are not fully preventable except by abstinence.								
D. Advise pupils of the laws pertaining to their responsibility as parents to children born in and out of wedlock.								
E. Ensure that pupils are not taught in a way that condones the violation of the laws of this state pertaining to sexual activity, including, but not limited to, sections 158, 335a, 338, 338a, 338b, and 520b to 520e of the Michigan penal code, 1931 PA 328, MCL	No Lessons Violate Law							

750.158, 750.335a, 750.338, 750.338a, 750.338b, and 750.520b to 750.520e.								
F. Teach pupils how to say “no” to sexual advances and that it is wrong to take advantage of, harass, or exploit another person sexually.		●	●					○
G. Teach refusal skills and encourage pupils to resist pressure to engage in risky behavior.		●	●			○		
H. Teach that the pupil has the power to control personal behavior. Pupils shall be taught to base their actions on reasoning, self-discipline, a sense of responsibility, self-control, and ethical considerations such as respect for self and others.						●		
I. Provide instruction on healthy dating relationships and on how to set limits and recognize a dangerous environment.	●							○
J. Provide information for pupils about how young parents can learn more about adoption services and about the provisions of the safe delivery of newborns law, chapter XII of the probate code of 1939, 1939 PA 288, MCL 712.1 to 712.20.							○	
K. Include information clearly informing pupils that having sex or sexual contact with an individual under the age of 16 is a crime punishable by imprisonment and that one of the other results of being convicted of this crime may be to be listed on the sex offender registry for 15 years, 25 years, or							●	

life.								
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3Rs Lessons Aligned to A-K Criteria Required by MI Law Grades 9-12



A-K Requirement	3Rs Lesson Name									
Legend: Introduced Emphasized or Applied	How Well Do I Communicate with Others	Unhealthy Relationships: Plan for Safety	Image Overload	Decisions, Decisions	Planning and Protection: Avoiding and Managing STIs	STD Basics	STD Smarts	Know Your Options	My Boundaries	Rights, Respect, Responsibility: Don't Have Sex Without Them
A. Discuss the benefits of abstaining from sex until marriage and the benefits of ceasing sex if a pupil is sexually active.										
B. Include a discussion of the possible emotional, economic, and legal consequences of sex.										
C. Stress that unplanned pregnancy and sexually transmitted diseases are serious possibilities of sex that are not fully preventable except by abstinence.										
D. Advise pupils of the laws pertaining to their responsibility as parents to										

children born in and out of wedlock.										
E. Ensure that pupils are not taught in a way that condones the violation of the laws of this state pertaining to sexual activity, including, but not limited to, sections 158, 335a, 338, 338a, 338b, and 520b to 520e of the Michigan penal code, 1931 PA 328, MCL 750.158, 750.335a, 750.338, 750.338a, 750.338b, and 750.520b to 750.520e.	No Lessons Violate Law									
F. Teach pupils how to say “no” to sexual advances and that it is wrong to take advantage of, harass, or exploit another person sexually.	●								●	○
G. Teach refusal skills and encourage pupils to resist pressure to engage in risky behavior.	●								●	
H. Teach that the pupil has the power to control personal behavior. Pupils shall be taught to base their actions on reasoning, self-discipline, a sense of			○	●						

[illegible]

SAFER CHOICES Levels 1 + 2

A-K CORRELATION

Due to requirements in Michigan law related to sex education in public schools, districts must examine their sex education programs to make sure they are in compliance. This document is designed to assist schools using *Safer Choices Levels 1 and 2* (grades 9-12) to meet the legal requirements for sex education curriculum as stated in section 380.1507b of Michigan Compiled Laws. The following chart outlines the curriculum requirements, topics addressed and not addressed in this curriculum, including the lessons addressing each law.

Material and instruction in the sex education curriculum under section 1507 that discusses sex **shall be age-appropriate, shall not be medically inaccurate, and shall do at least all of the following:**

"A-K" CRITERIA	LESSONS	ADDRESSED	NOT ADDRESSED
(A) Discuss the benefits of abstaining from sex until marriage and the benefits of ceasing sex if a pupil is sexually active.	Level 1: All Lessons Level 2: Lessons 1, 2, 4, 5, 7, 9, 10	Benefits of abstaining from sex: avoiding STIs/ HIV; STIs/HIV passed to future children; future relationships, infertility, benefits of ceasing sex if sexually active	
(B) Include a discussion of the possible emotional, economic, and legal consequences of sex.	Level 1: Lessons 1, 4-6 Level 2: Lessons 3-4, 8	Emotional/social impact, living with HIV, pregnancy, life with a baby, economic, cost of treatment and exams at clinics	Legal and economic consequences of sex, consequences of raising a child
(C) Stress that unplanned pregnancy and sexually transmitted diseases are serious possibilities of sex that are not fully preventable except by abstinence.	Level 1: Lessons 1, 5, 7, 10 Level 2: Lessons 1, 2, 4, 9	STIs and pregnancy	
(D) Advise pupils of the laws pertaining to their responsibility as parents to children born in and out of wedlock.	None		Laws pertaining to parental responsibility
(E) Ensure that pupils are not taught in a way that condones the violation of laws in this state pertaining to sexual activity, including but not limited to sections 158, 335a, 338, 338a, 338b, and 520b to 520e of the Michigan penal code, 1931 PA 328, MCL 750.158, 750.335a, 750.338, 750.338a, 750.338b, and 750.520b to 750.520e.	Level 1: Lesson 10 Level 2: Lesson 10		
(F) Teach pupils how to say "no" to sexual advances and that it is wrong to take advantage of, harass, or exploit another person sexually.	Level 1: Lessons 2, 3, 7 Level 2: Lessons 2, 5, 6, 9	Refusal skills, saying no, pressure lines	Harassment, or exploitation

"A-K" CRITERIA	LESSONS	ADDRESSED	NOT ADDRESSED
(G) Teach refusal skills and encourage pupils to resist pressure to engage in risky behavior.	Level 1: 2, 3, 7, 9, 10 Level 2: 2, 5, 6, 9	Refusal skills, delay tactics, alternative actions, resisting pressure to engage in risky behavior, responding to pressure lines, barriers to using protection, condom negotiation role-plays	
(H) Teach that the pupil has the power to control personal behavior. Pupils shall be taught to base their actions on reasoning, self-discipline, a sense of responsibility, self-control, and ethical considerations such as respect for self and others	Level 1: Lessons 1, 5, 7, 9, 10 Level 2: Lessons 1, 4, 5-10	Influences on decisions, choices about behavior, thinking ahead, power of choice, power to control personal behavior, actions based on: reasoning; self-discipline; responsibility; self-control; respect for self; family/personal values, "sexual decisions are your own"	
(I) Provide instruction on healthy dating relationships and on how to set limits and recognize a dangerous environment.	Level 2: Lessons 1, 5, 9, 10	Setting personal limits; benefits; importance of communicating personal limits to others; recognizing dangerous situations; "sex possible situations"	
(J) Provide information for pupils about how young parents can learn more about adoption services and about the provision of the safe delivery of newborns law, chapter XII of the probate code of 1939 PA 288, MCL 712.1 to 712.20.	None		Adoption services; safe delivery
(K) Include information clearly informing pupils that having sex or sexual contact with an individual under the age of 16 is a crime punishable by imprisonment and that one of the other results of being convicted of this crime may be to be listed on the sex offender registry for 15 years, 25 years, or life.	None		Sexual contact with an individual under age 16 is a crime; sexual offender registry



THE BASICS OF REPRODUCTIVE HEALTH

A-K CORRELATION

Due to requirements in Michigan law related to sex education in public schools, districts must examine their sex education programs to make sure they are in compliance. This document is designed to assist schools using *The Basics of Reproductive Health* (grades 6-12) to meet the legal requirements for sex education curriculum as stated in section 380.1507b of Michigan Compiled Laws. The following chart outlines the curriculum requirements, topics addressed and not addressed in this curriculum, including the lessons addressing each law.

Material and instruction in the sex education curriculum under section 1507 that discusses sex **shall be age-appropriate, shall not be medically inaccurate, and shall do at least all of the following:**

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
(A) Discuss the benefits of abstaining from sex until marriage and the benefits of ceasing sex if a pupil is sexually active.	Lessons 3A, 1B, 2B	Abstinence is affirmed as the surest way to avoid unplanned pregnancy in the information about how pregnancy occurs		Abstaining until marriage is not discussed
(B) Include a discussion of the possible emotional, economic, and legal consequences of sex.	<i>This series of curriculum lessons is intended to provide information about the reproductive systems to supplement evidence-based or other sexual health programs that do not contain this information. It is not intended to provide overall sexuality education.</i>			
(C) Stress that unplanned pregnancy and sexually transmitted diseases are serious possibilities of sex that are not fully preventable except by abstinence.				
(D) Advise pupils of the laws pertaining to their responsibility as parents to children born in and out of wedlock.				
(E) Ensure that pupils are not taught in a way that condones the violation of laws in this state pertaining to sexual activity, including but not limited to sections 158, 335a, 338, 338a, 338b, and 520b to 520e of the Michigan penal code, 1931 PA 328, MCL 750.158, 750.335a, 750.338, 750.338a, 750.338b, and 750.520b to 750.520e.				
(F) Teach pupils how to say "no" to sexual advances and that it is wrong to take advantage of, harass, or exploit another person sexually.	<i>This is best determined by Sex Ed Advisory Boards and districts who are familiar with the state laws</i>			

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
(G) Teach refusal skills and encourage pupils to resist pressure to engage in risky behavior.	<i>This series of curriculum lessons is intended to provide information about the reproductive systems to supplement evidence-based or other sexual health programs that do not contain this information. It is not intended to provide overall sexuality education.</i> 			
(H) Teach that the pupil has the power to control personal behavior. Pupils shall be taught to base their actions on reasoning, self-discipline, a sense of responsibility, self-control, and ethical considerations such as respect for self and others.				
(I) Provide instruction on healthy dating relationships and on how to set limits and recognize a dangerous environment.				
(J) Provide information for pupils about how young parents can learn more about adoption services and about the provision of the safe delivery of newborns law, chapter XII of the probate code of 1939 PA 288, MCL 712.1 to 712.20.				
(K) Include information clearly informing pupils that having sex or sexual contact with an individual under the age of 16 is a crime punishable by imprisonment and that one of the other results of being convicted of this crime may be to be listed on the sex offender registry for 15 years, 25 years, or life.				

Due to requirements in Michigan law related to sex education in public schools, districts must examine their sex education programs to make sure they are in compliance. This document is designed to assist schools using UN|HUSHED K-12 to meet the legal requirements for sex education curriculum as stated in section 380.1507b of Michigan Compiled Laws. The following chart outlines the curriculum requirements, topics addressed and not addressed in this curriculum, including the lessons addressing each law.

Material and instruction in the sex education curriculum under section 1507 that discusses sex **shall be age-appropriate, shall not be medically inaccurate, and shall do at least all of the following:**

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
(A) Discuss the benefits of abstaining from sex until marriage and the benefits of ceasing sex if a pupil is sexually active.	Middle School: Unit 4 High School: Sexual Health Unit: Session 3		✓ Prevention and contraception including abstinence as an option	"Until marriage" is not used
(B) Include a discussion of the possible emotional, economic, and legal consequences of sex.	Middle School: Unit 4 High School: Sexual Health Unit: Session 2		✓ Focus on the teenage experience with pregnancy and parenting	
(C) Stress that unplanned pregnancy and sexually transmitted diseases are serious possibilities of sex that are not fully preventable except by abstinence.	Middle School: Unit 4 High School: Sexual Health Unit: Sessions 3, 4		✓ Stresses the importance of prevention	
(D) Advise pupils of the laws pertaining to their responsibility as parents to children born in and out of wedlock.	Middle School: Unit 3 High School: Sexual Health Unit 2		✓ Focus on the teenage experience with pregnancy and parenting	
(E) Ensure that pupils are not taught in a way that condones the violation of laws in this state pertaining to sexual activity, including, but not limited to, sections 158, 335a, 338, 338a, 338b,	Middle School: Units 4, 5 High School: Sexual Health Unit 2	✓		State specific adaptation may be needed

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
and 520b to 520e of the Michigan penal code, 1931 PA 328, MCL 750.158, 750.335a, 750.338, 750.338a, 750.338b, and 750.520b to 750.520e.				
(F) Teach pupils how to say "no" to sexual advances and that it is wrong to take advantage of, harass, or exploit another person sexually.	Middle School: Units 4, 5 High School: Sexual Health Unit 2	✓		
(G) Teach refusal skills and encourage pupils to resist pressure to engage in risky behavior.	K: Lessons 3, 6 First: Lessons 4, 5 Second: Lesson 1 Fourth: Lesson 5 Fifth: Lesson 2 Middle School: Units 3, 5 High School: Relationship Unit		✓	
(H) Teach that the pupil has the power to control personal behavior. Pupils shall be taught to base their actions on reasoning, self-discipline, a sense of responsibility, self-control, and ethical considerations such as respect for self and others.	K: Lessons 3, 6 First: Lessons 4, 5 Second: Lesson 1 Fourth: Lesson 5 Fifth: Lesson 2 Middle School: Units 3, 5 High School: Relationship Unit		✓	
(I) Provide instruction on healthy dating relationships and on how to set limits and recognize a dangerous environment.	Middle School: Unit 4 High School: Sexual Health Unit		✓ Healthy relationships are discussed in intimate and non-intimate relationships	

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
(J) Provide information for pupils about how young parents can learn more about adoption services and about the provision of the safe delivery of newborns law, chapter XII of the probate code of 1939 PA 288, MCL 712.1 to 712.20.		✓ Adoption options are discussed		State specific adaptations would be needed; Safe delivery of a newborn is not included
(K) Include information clearly informing pupils that having sex or sexual contact with an individual under the age of 16 is a crime punishable by imprisonment and that one of the other results of being convicted of this crime may be to be listed on the sex offender registry for 15 years, 25 years, or life.	Middle School: Unit 5 High School: Sexual Health Unit		✓ Violence and consent including sexual assault and harrassment is discussed	Sexual contact with an individual under the age of 16 is a crime; sexual offender registry



SUPPLEMENTAL MATERIALS

A-K CORRELATION

Due to requirements in Michigan law related to sex education in public schools, districts must examine their sex education programs to make sure they are in compliance. This document is designed to assist schools to meet the legal requirements for sex education curriculum as stated in section 380.1507b of Michigan Compiled Laws. The following chart provides supplemental materials to meet the requirements if it is not covered in the districts chosen sex education curriculum.

Material and instruction in the sex education curriculum under section 1507 that discusses sex **shall be age-appropriate, shall not be medically inaccurate, and shall do at least all of the following:**

"A-K" CRITERIA	SUPPLEMENTAL MATERIALS
(A) Discuss the benefits of abstaining from sex until marriage and the benefits of ceasing sex if a pupil is sexually active.	Growing Up and Staying Healthy: Lesson 2 Healthy and Responsible Relationships: Lessons 16, 17 Safer Choices, Levels 1 + 2
(B) Include a discussion of the possible emotional, economic , and legal consequences of sex.	Growing Up and Staying Healthy: Lesson 8 Healthy and Responsible Relationships: Lesson 14 Safer Choices, Levels 1 + 2
(C) Stress that unplanned pregnancy and sexually transmitted diseases are serious possibilities of sex that are not fully preventable except by abstinence.	Growing Up and Staying Healthy: HIV and Other STIs Healthy and Responsible Relationships: HIV, Other STIs, and Pregnancy Prevention
(D) Advise pupils of the laws pertaining to their responsibility as parents to children born in and out of wedlock.	<u>Laws Pertaining to Responsibility of Parents for Children Born In and Out of Wedlock</u> Growing Up and Staying Healthy: Appendix Q.4 Healthy and Responsible Relationships: Appendix J <u>Child Support Laws and Resources</u>
(E) Ensure that pupils are not taught in a way that condones the violation of laws in this state pertaining to sexual activity , including but not limited to sections 158, 335a, 338, 338a, 338b, and 520b to 520e of the Michigan penal code, 1931 PA 328, MCL 750.158, 750.335a, 750.338, 750.338a, 750.338b, and 750.520b to 750.520e.	Growing Up and Staying Healthy: Appendix Q.1 Healthy and Responsible Relationships: Appendices B, H, I
(F) Teach pupils how to say "no" to sexual advances and that it is wrong to take advantage of, harass, or exploit another person sexually.	Growing Up and Staying Healthy: HIV and Other STIs Healthy and Responsible Relationships: HIV, Other STIs, and Pregnancy Prevention
(G) Teach refusal skills and encourage pupils to resist pressure to engage in risky behavior.	Growing Up and Staying Healthy: Lessons 5, 7 Healthy and Responsible Relationships: Lesson 13 Safer Choices, Levels 1 + 2

"A-K" CRITERIA	SUPPLEMENTAL MATERIALS
(H) Teach that the pupil has the power to control personal behavior. Pupils shall be taught to base their actions on reasoning, self-discipline, a sense of responsibility, self-control, and ethical considerations such as respect for self and others.	Growing Up and Staying Healthy: Lesson 8 Healthy and Responsible Relationships: Lessons 11, 12 Safer Choices, Levels 1 + 2
(I) Provide instruction on healthy dating relationships and on how to set limits and recognize a dangerous environment.	<u>One Love</u>
(J) Provide information for pupils about how young parents can learn more about adoption services and about the provision of the safe delivery of newborns law , chapter XII of the probate code of 1939 PA 288, MCL 712.1 to 712.20.	<u>Adoption Information from the Michigan Department of Health and Human Services</u> <u>Updated Lists of Public and Private Licensed Adoption Agencies at the Michigan Adoption Resource Exchange (MARE)</u> <u>Safe Delivery Information</u> <u>Safe Delivery of a Newborn Handout</u> Growing Up and Staying Healthy: Appendix Q.2 Healthy and Responsible Relationships: Appendix K
(K) Include information clearly informing pupils that having sex or sexual contact with an individual under the age of 16 is a crime punishable by imprisonment and that one of the other results of being convicted of this crime may be to be listed on the sex offender registry for 15 years, 25 years, or life.	Growing Up and Staying Healthy: Appendix Q.3 Healthy and Responsible Relationships: Appendix B <u>Michigan Sex Offender Registry</u>



"A-K" Requirements in District Sex Education Curriculum

Gap Analysis Worksheet

By law, Michigan school districts that offer sex education must ensure that material and instruction in the sex education curriculum under section 1507 that discusses sex shall be age-appropriate, shall not be medically inaccurate, and shall do at least all of the following [380.1507b(2)]. This chart helps the district determine where the gaps are in the district's K-12 curriculum and what materials and methods can be used to fill those gaps.

	Component	Gap (Y/N) + Grade Level	Materials + Methods to Address Gap	Contact Information for Materials
A	Discuss the benefits of abstaining from sex until marriage and the benefits of ceasing sex if a pupil is sexually active.			
B	Include a discussion of the possible emotional, economic, and legal consequences of sex.			
C	Stress that unplanned pregnancy and sexually transmitted diseases are serious possibilities of sex that are not fully preventable except by abstinence.			
D	Advise pupils of the laws pertaining to their responsibility as parents to children born in and out of wedlock.			
E	Ensure that pupils are not taught in a way that condones the violation of laws of this state pertaining to sexuality, including, but not limited to, those relating to sodomy, indecent exposure, gross indecency, and criminal sexual conduct in the first, second, third, and fourth degrees (MCL 750.158, 750.335a, 750.338, 750.338a, 750.338b, and 750.520b to 750.520e).			

	Component	Gap (Y/N) + Grade Level	Materials + Methods to Address Gap	Contact Information for Materials
F	Teach pupils how to say "no" to sexual advances and that it is wrong to take advantage of, harass, or exploit another person sexually.			
G	Teach refusal skills and encourage pupils to resist pressure to engage in risky behavior.			
H	Teach that the pupil has the power to control personal behavior. Pupils shall be taught to base their actions on reasoning, self-discipline, a sense of responsibility, self-control, and ethical considerations such as respect for self and others.			
I	Provide instruction on healthy dating relationships and on how to set limits and recognize a dangerous environment.			
J	Provide information for pupils about how young parents can learn more about adoption services and about the provisions of the safe delivery of newborns law, chapter XII of the probate code of 1939, 1939 PA 288, MCL 712.1 to 712.20.			
K	Include information clearly informing pupils that having sex or sexual contact with an individual under the age of 16 is a crime punishable by imprisonment and that one of the other results of being convicted of this crime may be to be listed on the sex offender registry for 15 years, 25 years, or life.[i] (§380.1507b)			

[i] The wording of "k" has been revised to be consistent with changes to the Sex Offender Registry Act passed with Public Acts 17-19 of 2011. See www.michigan.gov/documents/mde/memo_2011_SORA_and_Sex_Ed_366707_7.pdf

Media + Materials Review

Title	
Type of Media	
Producer/Publisher	
Copyright	
Length	
Recommendation	

Criteria	Yes	No	Unsure	N/A
Diversity in cultures, ethnicity, and gender in materials	☐	☐	☐	☐
Young people in materials are the same or similar in age to target audience	☐	☐	☐	☐
Age-appropriate information, acceptable reading level	☐	☐	☐	☐
Accurate and relevant information to the needs of students	☐	☐	☐	☐
Current styles, produced within the last 5 years is preferable	☐	☐	☐	☐
If teaching skills, modeling accurate use of skills rather than just talking about them	☐	☐	☐	☐
Engaging format for students	☐	☐	☐	☐
Follows instructional methods and strategies that are known to result in learning	☐	☐	☐	☐
Appropriate pace for learning	☐	☐	☐	☐
Acceptable to a diverse group of parents and school board members (language, dress, content)	☐	☐	☐	☐
Meets guidelines/objectives found in Health Standards	☐	☐	☐	☐
Videos: Available rights to allow video streaming (preferably free or low-cost)	☐	☐	☐	☐
Potential longevity is at least 5 years	☐	☐	☐	☐

NOTES

Sexual Health Curriculum Snapshot Guide

Curriculum Review Worksheet

Curriculum Title:

Intended Audience:

(Grade Level)

Copyright/Last Update:

Number of Lessons:

Cost:

Length of Lessons:

Lessons Cover or Include*:

YES

NO

Abstinence Only		
Michigan A-K Requirements		
Healthy Relationships/Consent		
Gender Diversity		
Sexual Orientation		
Condom Use		
Contraception Use		
HIV		

**Update this list to reflect goals of your SEAB*

Curriculum Pros:

Curriculum Cons:

QUESTIONS, COMMENTS, CONCERNS:

Curriculum Review Worksheet

Curriculum Title:

REVIEWER:

DATE:

Curriculum/Lessons	Likes	Dislikes	Concerns/Flags	Questions

Vote:

YES ☐

NO ☐

UNSURE ☐